HOOPS HITS RATCHET UP MARCH MADNESS WITH THESE FIVE FLICKS {page 20}

LEON'S? POST-JONAS, GREENE MAKES NEW FRIEND {page 22}

TORONTO metro®

Monday, March 21, 2011
www.metronews.ca

News worth sharing.

Libya. Rally

▶ Libyan men demonstrate their support for leader Moammar Gadhafi yesterday in Tripoli.

JEROME DELAY/THE ASSOCIATED PRESS

U.S.-led coalition makes presence felt

A crowd of Libyan men loyal to leader Moammar Gadhafi waited yesterday for the bodies of 26 people — who were said to be killed during overnight air raids — to arrive for burial. As the sun set, the bodies had not turned up. Anti-aircraft fire erupted in the Libyan capital yesterday, marking the start of a second night of international strikes as a defiant Gadhafi vowed a "long war."
More coverage, pages 8, 9 & 12.

In honour of Dudley Laws

Ailing black activist unable to attend his own tribute {page 3}

Bailout coming to Japan's banks

Tokyo pledges to help banks finance rebuilding efforts {page 14}

Race plays big role in pay: Study

◗ Think-tanks find non-whites earn almost 20% less than whites ◗ 'Colour code' contributes to higher poverty levels among visible minority families: Report

A "colour code" is keeping visible minorities out of good jobs in the Canadian labour market, a new study says.

Based on 2006 long-form census data, researchers found visible minority Canadian workers earned 81.4 cents for every dollar paid to their Caucasian counterparts. That's according to a report by two major think-tanks, Wellesley Institute and the Canadian Centre for Policy Alternatives.

Researchers compared earnings of first-generation immigrants of visible minority and Caucasian backgrounds and found that earnings by male newcomers from visible minorities were just 68.7 per cent of those who were white males.

The colour code persisted for second-generation Canadians with similar education and age, though the gap narrowed slightly — with visible minority women making 56.5 cents, up from 48.7 cents in 2000, for every dollar white men earned, while minority men in the same cohort improved by almost seven cents, to 75.6 cents.

"There is a disparity between racialized and non-racialized Canadians," said Sheila Block, Wellesley Institute's director of economic analysis and a co-author of the report to be released today. "The immigrant experience differs if you are racialized. This is an issue of race."

TORSTAR NEWS SERVICE

Key findings

From a new report to be released today.

- In 2006, during the boom years, visible minorities had an unemployment rate of 8.6 per cent, compared with 6.2 per cent for white Canadians.
- Visible minorities are overrepresented in the hard-hit light-manufacturing sector, with many precarious low-paid jobs, but underrepresented in public administration, where 92 per cent of workers are white.
- In 2005, the average full-time, full-year employment income for visible minorities was $43,979, compared with $52,345 for white workers.

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Family. Comes to Canada

▶ Mairead Cavanagh, her husband Abed Lubambula, and their children Latif, 7 months, left, and Maleek, 2½, are seen in the Banting House B and B sitting room yesterday.

RICHARD LAUTENS/TORSTAR NEWS SERVICE

Child who needs power to breathe flees Japan

Canadian Mairead Cavanagh and her family were living in Japan with their toddler Maleek, who needs an electrical-powered breathing machine to live, when the quake struck. They just made it back to Toronto yesterday. They have nowhere to live, all their possessions are still in Japan and for the moment they are staying at the Banting House B and B in the Wellesley and Jarvis area.

Tribute paid to ailing activist

'He is about human rights, he's about justice for all and he has worked really hard as a dedicated advocate of fairness,' councillor says of black community leader Dudley Laws

Gravely ill and unable to attend the party, Dudley Laws was ever-present in the hearts and minds of the many people who came to honour him yesterday.

They packed the Jamaican Canadian Centre in northwest Toronto to celebrate the man who helped bring change in the relationship between the black community and the establishment.

"An elder warrior" is how he was described by Itah Sadu, owner of A Different Booklist, a Toronto bookshop that features Caribbean literature.

Lying in a hospital bed, Laws watched the event via an Internet video camera.

Born in Jamaica in 1934, Laws came to Canada from England in 1965, taking a job as a welder. He became involved with various organizations, clubs and churches where people of island and African descent gathered.

From there he became involved in outreach programs that helped prison inmates, marginalized workers and troubled young people.

He also co-founded the Black Action Defence Committee in 1988 in response to several shootings of black men by Toronto-area police. The group led several protests to push for more progressive laws.

"Many people here have benefited from his contribution and his effort to bring about change for all," said Coun. Michael Thompson. **TORSTAR NEWS SERVICE**

TONY BOCK/TORSTAR NEWS SERVICE

▶ Dudley Laws

1 news

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Before Charlie Sheen, there was Randy Quaid, who made his live debut of "Star Whackers" in Vancouver. Video at metronews.ca

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Old Man Winter suffocating spring

Environment Canada says temperatures will range between –4 C and 5 C

JOHN R. KENNEDY/FOR METRO

▶ A young boy gets a scent of the season while he and his mother admire the tulips yesterday at the Allan Gardens Conservatory at Carlton and Jarvis.

KYLA SERGEJEW
TORONTO@METRONEWS.CA

Spring officially sprung at 7:21 p.m. yesterday — yet, it still feels like Old Man Winter won't let up.

"March can be a pretty extreme month," Denis Thibodeau, a forecaster at Environment Canada, said.

This week will begin with a high of 12 C then dip down five degrees below normal for the rest of the week. We can expect some rain, he added.

"As far as one year to the next, last year's temperatures were above normal with highs between 5 and 7 C and lows of –1 or –2 C," he said. "By Monday of next week we'll get back up to normal."

On March 28, 1945, temperatures soared to a record 25.6 C in Toronto. Just five years later, on March 4, 1950, –28.9 C was recorded. Thibodeau said.

News in brief

JENNIFER YANG /TORSTAR NEWS SERVICE

▶George Wass

Resident fears serial attacker

PARKDALE. Nobody knows the stranger in the black balaclava. But the man has made 62-year-old George Wass fearful in his own home.

Along with 13 other people, Wass lives in a Parkdale boarding home for people with mental disabilities. He is now the fifth victim in what police call a series of targeted beatings of people suffering from mental disabilities. Police say the same person is responsible for all five attacks: A stocky man, between five-foot-eight and six feet tall, who wears a balaclava and sometimes travels on a bicycle.

TORSTAR NEWS SERVICE

Alberta woman found dead in Caledon ditch

CALEDON. Police have identified a woman found dead in a ditch in Caledon Thursday.

Kera Freeland, also known as Kera Gray, was found next to Heart Lake Road near Old Baseline Road.

Police say the 20-year-old was originally from Alberta but had been living in Toronto for a few months.

Authorities are looking for anyone who may have seen her.

THE CANADIAN PRESS

Man shot dead in apartment

ETOBICOKE. Police say a man was shot dead yesterday in northwest Toronto.

Officers were called to an apartment building on Dixon Road west of Islington Avenue around 2 p.m.

They found a man without vital signs on the fourth floor. He was pronounced dead at the scene. No suspects have been identified.

THE CANADIAN PRESS

Jury duty no-shows in Toronto and Brampton prompt probe

Newfoundlanders appear more diligent about jury duty than their Ontario counterparts. And their government is more attentive to tracking prospective jurors who don't show up for court.

Since March 2010, 7,783 summons for jury duty were issued to Newfoundland and Labrador residents and 48 were prosecuted for absenteeism, or less than one per cent.

Yet, how widespread the problem is in Ontario remains unknown because the government does not collect statistics on those who fail to appear for jury duty.

At recent trials in Toronto and Brampton, between 10 and 50 per cent of the jury pool didn't show up when required. The problem prompted Ontario Superior Court Justice Casey Hill in Brampton to embark on a fact-finding mission.

CONTRIBUTED

▶ Justice Casey Hill

His collected numbers showed between 11 and 21 per cent of prospective jurors failed to show up at 42 different trials in Brampton between September and January.

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Sheen. Has fans

▶ Instead of quietly seeking help, Charlie Sheen is taking his self-styled superpowers and immense ego on tour.

CHRIS PIZZELLO/THE ASSOCIATED PRESS FILE

Gaining mass appeal

Charlie Sheen will perform in Toronto April 14. Tickets for the show sold out in 45 minutes. Toronto's show is one of a dozen added to expand Sheen's U.S. tour, which has sold out in Detroit and Chicago.

McGuinty's take on education leaves many unimpressed: Poll

Poll found affordability of post-secondary education ranked second issue of concern ◗ Quality of health care ranked first concern

A new poll shows Ontarians are unimpressed with how university education has fared in the hands of the Liberal government.

The survey of 1,800 adults found that nearly half of respondents believed the quality of post-secondary education has stayed the same since Premier Dalton McGuinty's administration took power. But almost one-third of respondents said quality of education had declined in that period, and only eight per cent said it had improved.

A representative for the Canadian Federation of Students said she's not surprised at those results.

"(The government) is going to have to take a real hard look at the current track that they're on and I hope they take this as an alarm bell for them," said Nora Loreto, spokesperson for the Ontario branch of the CFS.

While the Liberal government has increased investment in post-secondary education, Loreto said much of that cash has gone into simply keeping up with a booming student population.

At universities and colleges across the province, tuition fees are going up while at the same time class sizes are growing, programs are being cut and aging infrastructure is being neglected, she added.

TORSTAR NEWS SERVICE/WITH FILES FROM THE CANADIAN PRESS

Margin of error

▶ **Students** The poll was conducted between Jan. 5 and 14 for the Ontario Confederation of University and Faculty Associations and the Canadian Federation of Students. The margin of error is plus or minus 2.9 percentage points, 19 times out of 20.

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Arab League chief slams missile strikes

Libya's claims of civilians among the dead from the air strikes appeared to make Arab countries nervous, after the Arab League took the unprecedented step of calling for a no-fly zone.

Arab League chief Amr Moussa yesterday criticized the missile strikes, saying they went beyond what the Arab body had supported.

"What happened differs from the no-fly zone objectives," Moussa told reporters in Cairo. "What we want is civilians' protection not shelling more civilians."

One of the more vocal skeptics in U.S. Congress, Sen. Richard Lugar, the ranking Republican on the Senate Foreign Relations Committeer, said he worries the U.S. may have entered a conflict with unclear goals.

"We really have not discovered who it is in Libya that we are trying to support," the Indiana Republican said on CBS' Face The Nation.

"Obviously, the people that are against Gadhafi, but who? In eastern Libya, for example, a huge number of people went off to help the Iraqis against the United States in a war that still is winding down."

U.S. Defence Secretary Robert Gates cautioned early on about getting involved in Libya's civil war, telling Congress that taking out Libya's air defences was tantamount to war.

Others have worried that the mission could put the U.S. on a path to deeper military involvement in yet another Muslim country — even as nearly 150,000 troops continue to battle in Afghanistan and Iraq. THE ASSOCIATED PRESS

CAN BOMBING

Military campaign is not specifically targeting Gadhafi, says top official But an isolated, weakened leader could be ripe for a coup, suggest other officials

A senior Pentagon official says U.S. and allied attacks in Libya have been very effective in degrading Moammar Gadhafi's ability to threaten planes enforcing a no-fly zone over Libya.

Navy Vice Admiral William E. Gortney told reporters yesterday the attacks were especially effective against Libyan surface-to-air missiles that posed a threat to planes flying at medium and high altitudes. He said three Air Force B-2 stealth bombers attacked an airfield yesterday, and a variety of U.S., British and French planes attacked elements of Gadhafi's ground troops in an area about 16 kilometres south of the rebel stronghold of Benghazi.

Gortney said the U.S. was not ruling out launching additional attacks against air defence targets.

"We've seen the people of Libya take a courageous stand against a regime determined to brutalize its own citizens."
U.S. PRESIDENT BARACK OBAMA

The top U.S. military officer suggested that Gadhafi might stay in power in spite of the military assault aimed at protecting civilians, calling into question the larger objective of an end to Gadhafi's erratic 42-year rule.

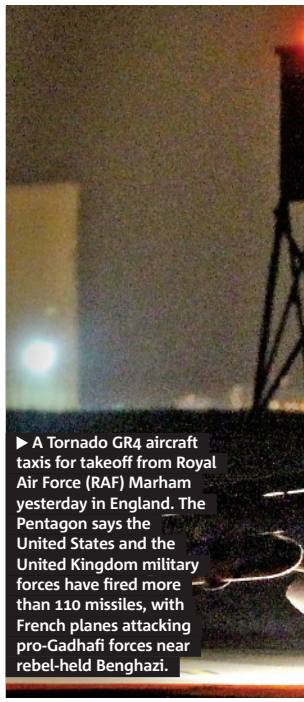
Although the mission was predicated on Arab support, there was no reported Arab participation in the military strikes.

Admiral Mike Mullen, chairman of the U.S. Joint Chiefs of Staff, said Qatar would be "in the fight" in the next day or two after moving unspecified military aircraft to within striking range.

A call by the Arab League last week for a UN Security Council resolution authorizing a no-fly zone was a major driver of U.S. support.

U.S. President Barack Obama, travelling in Brazil, held a conference call yesterday with top national security officials. Obama referred to Libya but did not discuss the unfolding operation during yesterday's remarks in Brazil.

"No one can say for certain how this change will end, but I do know that change is not something that we should fear. When young people insist that the currents of history are on the move, the burdens of the past can be washed away." THE ASSOCIATED PRESS



▶ A Tornado GR4 aircraft taxis for takeoff from Royal Air Force (RAF) Marham yesterday in England. The Pentagon says the United States and the United Kingdom military forces have fired more than 110 missiles, with French planes attacking pro-Gadhafi forces near rebel-held Benghazi.

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FORCE GADHAFI OUT?

PETER MACDIARMID/GETTY IMAGES

U.S. missiles, warplanes lead coalition

The systems targeted most closely were Libya's SA-5 surface-to-air missiles, Russian-made weaponry that could pose a threat to allied aircraft many kilometres off the Libyan coastline.

Libya has a range of other air defence weaponry, including portable surface-to-air missiles that are more difficult to eliminate by bombing.

Yesterday's attacks, carried out by a range of U.S. aircraft — including Air Force B-2 stealth bombers as well as Marine Harrier jets flying from an amphibious assault ship in the Mediterranean — demonstrated the predominance of U.S. firepower in the international coalition.

By striking Libyan ground forces, coalition forces also showed that they are going beyond the most frequently discussed goal of establishing a no-fly zone over the country.

American missiles and warplanes were clearly in the lead this weekend, but U.S. officials say the plan remains for the U.S. to step back once the threat from the Libyan military is reduced.

Democratic Sen. Carl Levin, chairman of the Senate Armed Services Committee, said yesterday that the U.S. intends to take a back seat soon.

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MANY REMAINS UNIDENTIFIED

Recovering bodies

Bodies are piling up in some of the devastated communities and badly decomposing even amid chilly rain and snow.

"The recent bodies — we can't show them to the families. The faces have been purple, which means they are starting to decompose," said Shuji Horaguchi, a disaster relief official setting up a centre to process the dead in Natori, on the outskirts of the tsunami-flattened city of Sendai. "Some we're finding now have been in the water for a long time, they're not in good shape. Crabs and fish have eaten parts."

Before the disasters, safety drills were seldom if ever practised and information about radiation exposure rarely given in Futuba, a small town in the shadow of the nuclear plant, said 29-year-old Tsugumi Hasegawa. She is living in a shelter with her four-year-old daughter and feeling bewildered. THE ASSOCIATED PRESS

Number of missing, dead rises

Japan's police agency says more than 8,400 people are dead and nearly 13,000 are listed as missing after the March 11 earthquake and tsunami.

The toll has been steadily rising as searchers find bodies in the wasteland left behind. At the same time, the number of missing has risen as survivors and relatives contact police regarding loved ones who remain unaccounted for. THE ASSOCIATED PRESS

SHUJI KAJIYAMA/THE ASSOCIATED PRESS

▶ Members of Japan's Self-Defence Force pray for the body of a tsunami victim wrapped in a tarp yesterday in Onagawa, Japan.

Crisis at reactor eases somewhat

Concern shifts to safety of food, water in particular

Japanese officials reported progress yesterday in their battle to gain control over a leaking, tsunami-stricken nuclear complex, though the crisis was far from over, with the discovery of more radiation-tainted vegetables adding to public fears about contaminated food.

The announcement by Japan's Health Ministry late yesterday that tests had detected excess amounts of radioactive elements on canola and chrysanthemum greens marked a low moment in a day that had been peppered with bits of positive news: First, a teenager and his grandmother were found alive nine days after being trapped in their earthquake-shattered home. Then, the operator of the overheated nuclear plant said two of the six reactor units were safely cooled down. THE ASSOCIATED PRESS

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Found alive nine days after the earthquake

Grandmother and grandson were weak but conscious

The voice rang out suddenly, unexpectedly, from the wreckage left behind by the monstrous earthquake and tsunami that ripped through the country's northeast nine days ago.

"Please help! Please help!"

There, on the roof of his collapsed wooden home, stood a shivering Jin Abe, so cold that he had draped layers of towels around his body. His grandmother, Sumi Abe, was trapped inside, too, the 16-year-old told the team of Ishinomaki police officers who had been patrolling the hard-hit city yesterday.

The two had been stuck there since the March 11 magnitude-9.0 quake struck off the coast of Japan, triggering a massive tsunami that obliterated much of the northeastern coastline. Their neighbourhood, too, lay in ruins.

The 80-year-old woman's weak legs kept her from walking, and the teenager had been unable until yesterday to crawl out of the wreckage, police spokesman Shizuo Kawamura said.

THE ASSOCIATED PRESS

MASANORI YAMASHITA/THE ASSOCIATED PRESS

▶ A woman on a stretcher gets carried into the Ishinomaki Red Cross Hospital yesterday in Ishinomaki, Japan. The 80-year-old woman and her grandson were rescued nine days after the country's devastating earthquake and tsunami.

Warnings over water supply

Japan's Health Ministry says it has advised a village near a crippled nuclear plant not to drink tap water due to elevated levels of radioactive iodine.

Ministry spokesman Takayuki Matsuda said yesterday that radioactive iodine three times the normal level was detected in Iitate, a village of about 6,000 people 30 kilometres northwest of the Fukushima Dai-ichi nuclear plant.

That's still one-26th of the level of a chest X-ray and poses no danger to humans, he said.

A scare was sparked when officials found radiation in the water supply in Tokyo.

THE ASSOCIATED PRESS

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Haiti. Election

▶ With a bandage on his right hand, Haitian-American singer Wyclef Jean sits inside a car yesterday before casting his ballot at a polling station during a presidential run-off in Port-au-Prince, Haiti.

RAMON ESPINOSA/THE ASSOCIATED PRESS

Bullet grazes Wyclef Jean

Jean said he was grazed by a bullet in the hand when he stepped out of his car in Haiti to make a phone call. Candidates on the ballot are Mirlande Manigat, the former first lady, and Michel (Sweet Micky) Martelly, a star of Haitian music.

From the deck of the Charlottetown

Frigate is operating in the Mediterranean as part of NATO's naval blockade
Canada also committed six CF-18 fighter jets to enforce a no-fly zone over Libya

JENNIFER TAPLIN
@METRONEWS.CA

In a phone interview yesterday, Commander Craig Skjerpen, the commanding officer of HMCS Charlottetown, said the U.S. and European air strikes on Libya are on the minds of the crew.

"Our mission stays the same but our ship's company starts thinking about what future missions could be," he said. "Right now my goal is to keep everyone focused on the task at hand."

Their original mission of evacuation and humanitarian aid changed when they arrived in Gibraltar, on the entrance to the Mediterranean, earlier this month because all evacuees who wanted to go were already rescued.

The Charlottetown was attached to a NATO group and was put on patrol in the central Mediterranean, north of Libya.

The ship is now monitoring traffic on the water and keeping track of anything that looks abnormal.

The Sea King detachment on board "has been flying as part of picture compilation," Skjerpen said. "They'll go out and work with the ship, identify contacts and help provide that picture. They're a valuable asset in that type of operation."

On the weekend the Charlottetown got some Canadian company in the form of six CF-18 fighter jets from Quebec.

"Now we're here and (the crew) can see what's going on, see how important it is to be part of Canada's foreign policy and we have a real role to play in the international sphere."
COMMANDER CRAIG SKJERPEN

"We each have our own role and there might be an opportunity for interaction, but right now they work for their mission specifically and we work for ours," he said. "I've talked about it to the ship's company and we're all concerned about the safety of the F-18 pilots, but we definitely wish them our best."

On the water

- HMCS Charlottetown arrived in the Mediterranean Sea a week and a half ago after leaving Halifax March 2.
- It's part of Operation Mobile, the Canadian Forces' contribution to Canada's emergency response to the situation in Libya.

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▶ Egyptian officials count votes at a polling station in Cairo, following a referendum on constitutional amendments.

Making amendments

Opponents of swift constitutional change in Egypt fear fundamentalist Muslim Brotherhood and members of former ruling party have most to gain

Egyptian voters overwhelmingly approved changes in the constitution, opening the way for parliamentary and presidential elections within months, according to final results from a landmark referendum announced yesterday.

The Muslim Brotherhood had campaigned heavily for a "yes" vote in the referendum. Critics say that since it and the former ruling party are the best organized political forces in the country, they stand to gain the most in an early election — which will bring in Egypt's first democratically elected government to replace the regime of ousted president Hosni Mubarak. THE ASSOCIATED PRESS

Brazil should be copied: Obama

ANTONIO SCORZA/AFP/GETTY IMAGES

▶ Barack Obama

As U.S. warplanes pounded faraway Libya, U.S. President Barack Obama praised Brazil's transition to democracy from dictatorship as a model for the Arab world where decades of stability enforced by strongmen are giving way to an uncertain but potentially brighter future.

Obama spoke from a theatre in a historic Rio de Janeiro square where a 1984 protest set the stage for the eventual end of a 20-year military dictatorship.

He said those protesters showed how a popular revolt could produce a thriving democracy.

And without specifically mentioning the military action he authorized just a day ago in Libya, Obama drew a connection to the events there and throughout the Middle East.

"We've seen the people of Libya take a courageous stand against a regime determined to brutalize its own citizens. Across the region, we have seen young people rise up — a new generation demanding the right to determine their own future," Obama said.

"From the beginning, we have made clear that the change they seek must be driven by their own people. But as two nations who have struggled over many generations to perfect our own democracies, the United States and Brazil know that the future of the Arab world will be determined by its people."

The events in Libya had threatened to overshadow Obama's three-country, five-day Latin American tour, so he sought yesterday to use Brazil's own history to illuminate what's happening halfway around the world.

Obama, speaking on Day 2 of his trip, underscored that the people of Brazil determined the country's future, as he said must happen in the Middle East. It's a message Obama has conveyed ever since Tunisia's uprising in January set off a chain reaction through Egypt and to Libya.

With the U.S. now involved in military action to enforce an internationally authorized no-fly zone over Libya, Obama wants to be particularly clear to his audience back home that the U.S. will not write the final chapter in that country, or any other.

He has insisted there will be no American ground troops in Libya.

THE ASSOCIATED PRESS

RCMP targets waistlines

Mounties are waging a battle of the bulge.

Almost one-quarter of RCMP officers — 23.8 per cent — are considered "obese," based on standard height and weight measurements.

The force is working to make plump police officers fit, trim and ready for duty with programs that encourage healthy exercise and nutrition habits.

Physical demands can be high on men and women in red serge, yet obesity in the ranks is now at about the national average. THE CANADIAN PRESS

IN CONVERSATION

Sylvia Tyson

Tuesday, March 22nd, 7pm

Indigo Manulife Centre

Join Indigo's Chief Booklover Heather Reisman in conversation with Canadian Music Hall of Fame singer-songwriter **Sylvia Tyson** – one half of the internationally renowned folk duo **Ian and Sylvia** – as they discuss Tyson's first novel *Joyner's Dream*, a sweeping story of a family and its dubious legacy. Book signing to follow.

IN PERSON

Robbie Robertson

Tuesday, March 29th, 6pm

Indigo Manulife Centre

Join **Robbie Robertson**, Canadian Rock and Roll Hall of Fame singer-songwriter and guitarist for **The Band**, as he signs his fifth solo album and his first record in more than 10 years, *How To Become Clairvoyant*.

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Tokyo to bail out banks

Government backing low-interest loans for reconstruction, reports say

Tokyo will inject public money into 72 banks in earthquake-stricken areas to support lending as companies rebuild, the business newspaper Nihon Keizai Shimbun said yesterday.

The government money will help the banks meet an expected surge in demand for credit, the paper said. It cited no sources.

The report said more than 11 trillion yen ($135 billion US) is available under a law on emergency support to banks passed after the 2008 collapse of Lehman Brothers. Last week, Goldman Sachs estimated quake damage at $200 billion.

Tokyo also is planning to provide low-interest loans of up to 10 trillion yen ($122 billion) to help companies recover, another report said.

On Friday, the Group of Seven industrialized nations agreed to support Japan with an intervention in currency markets after the yen surged against the dollar, threatening Japanese exports. The yen later backed away from Thursday's all-time high against the dollar. THE ASSOCIATED PRESS

Taking stock

- **Stock markets have** proved remarkably resilient to the Japanese crisis but hourly swings have been violent at times, some measured in hundreds of points on the main TSX index and the Dow industrials.
- **Analysts are quick** to point out that a retracement on markets was long overdue.
- **"We were already** correcting and most of the damage to date was done before the earthquake in Japan, mainly as a result of oil prices, and that's layered another element of risk on top of things," said John Johnston, chief strategist of the Harbour Group at RBC Dominion Securities.

KYODO NEWS/THE ASSOCIATED PRESS

▶ Two boys survey the devastation in Onagawa, once a picturesque seaside town in northeast Japan. The March 11 earthquake and tsunami damaged hundreds of factories in the region.

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Earthquake. Zone

▶ Protesters in Taipei rally yesterday against construction of a nuclear power plant in Taiwan. Like its neighbour Japan, the island is prone to earthquakes.

CHIANG YING-YING/THE ASSOCIATED PRESS

High-powered protest

Demonstrators took to the streets of Taipei yesterday to protest construction of a fourth nuclear power plant in Taiwan, where a 7.6-magnitude earthquake killed more than 2,300 people in 1999. Despite the crisis in neighbouring Japan, Taiwanese President Ma Ying-jeou said building will continue.

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THE CANADIAN PRESS

Hype builds for RIM PlayBook

Research In Motion is expected to report strong quarterly results Thursday, and its PlayBook computer tablet is seen as key to its future. Analysts say the PlayBook will likely be launched within weeks. They anticipate RIM will address its strategy for the tablet when it releases fourth-quarter earnings.

THE CANADIAN PRESS

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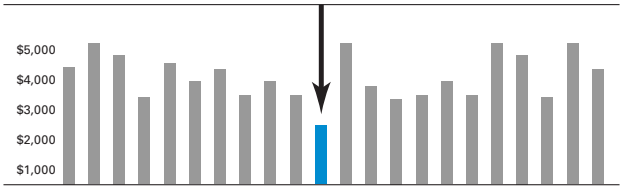

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CARNEGIE HALL SHOW OFFERS ECLECTIC MIX

Urban Compass

ANDREW WALLACE

A big man with an even bigger voice takes the stage. He's going to open the show with a song.

I'm sitting in the back room of Bread And Circus in Kensington Market on a Wednesday night. Chairs are strewn about in something that resembles rows. A few tea lights provide a touch of ambient light. Like the other 20-odd loyal patrons in the room, I'm antsy with anticipation. The only difference is they know the rip-snorting riot they're in for. It's my first time.

The big man with the big voice is Nick Babatsikos, a regular guest at The Carnegie Hall Show. His powerful vocals belt out the opening tune and the show is soon underway. A quartet of comics, all dressed in evening gowns and tuxedos, takes the stage, running through a series of improvised sketches on the theme of "spring." Within minutes I'm laughing so hard I nearly slop my beer onto the unsuspecting gent behind me.

Three of the four comics currently on the stage started The Carnegie Hall Show in December 2009. Naomi Snieckus, previously of Toronto's fabled Second City fame, created the act alongside comic Matt Baram, actor Ronald Pederson and comedian Chris Gibbs with the idea of bringing together a motley crew of local performers for one weekly variety show.

"Opera singers share the stage with circus acts. Flamenco dancers moonlight with local comics."

At first, the troupe didn't know if the show's vaudeville concept would catch. But by the following April, the small backroom theatre was populated by a devoted following.

Special guests are one of the show's staples and the list of performers reads like a Bob Dylan song. Opera singers share the stage with circus acts. Flamenco dancers moonlight with local comics. A thespian with an uncanny ability to wield a Hula Hoop even stops by once a month.

Tonight, the faithful are treated to a love song from a woman in a polka-dotted pink dress and a radio play featuring Dave Pearce's comic stylings. But comedian Dan Redican steals the show with a wonderfully twisted puppet act that leaves me crying tears of laughter.

There are other exciting things in the works for The Carnegie Hall Show creators, too. Next month they're starting Scriptease, an improv performance at Theatre Passe Muraille based on two pages of script from the likes of Ann-Marie MacDonald and other top Canadian writers.

Stay tuned: The Carnegie Hall Show creators may not be underground for long.

Contact Andrew Wallace at urbancompass@metronews.ca

Cartoon

MICHAEL DE ADDER

Beloved bear passes away

Worth mentioning

Cute Knut

THE ASSOCIATED PRESS FILE

Berlin's beloved polar bear Knut, an international star who as a cuddly, fluffy cub graced magazine covers, movies and merchandise, died Saturday. His death at the young age of four took zookeepers and animal experts by surprise.

The celebrity bear died suddenly in his compound at the Berlin Zoo Saturday afternoon, bear keeper Heiner Kloes told The Associated Press. He waded into the water in his enclosure before having a short spasm and then dying in front of hundreds of zoo visitors.

While the life expectancy of a polar bear in the wild is between 15 and 20 years, animals in captivity can live even longer because they are not exposed to hunger, thirst or infections. A post-mortem will be conducted today to try to pinpoint the cause of death, Kloes said.

"He certainly did not die of old age," Thomas Pietsch from the Vier Pfoten group for the prevention of cruelty to animals told German news agency DAPD.

Knut's death was met by an immediate outpouring of sorrow. As the news of the bear's death spread through the city, more Knut fans showed up at the zoo, assembling in front of the bear compound to mourn his loss. THE ASSOCIATED PRESS

What's the most memorable class you have taken?

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Metro Minute at Four Seasons hotel

Fancy that. Due to its presence everywhere on the planet, many of us forget the hotel that forever changed customer service got its start right at the corner of Bloor and Avenue. The Toronto Four Seasons stands as a monolithic symbol of elegance, luxury, one of the best nights sleeps you will ever have (just ask Julia Roberts), and it's a tradition we can proudly claim as our own.

Founder Isadore Sharp will be on site at 1 p.m. to kick off the hotel's 50th anniversary with a tree planting ceremony. Guests can then head up to the Studio Café for a special $19.61 menu, retro '60s cocktails and a birthday surprise. Who said getting older had to sting?

JORDANA DIVON

CONTRIBUTED

▶ Four Seasons founder and national treasure Isadore Sharp will be on site today to help ring in the hotel's 50th anniversary celebration. Visit fourseasons.com for more celebratory details.

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INCLUDES accom in downtown Montreal. Departs Apr 8/ggv/ws.

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Departs Mar 26/sqv/qk. **UPGRADE** to the 5-star Riu Guanacaste from $39 per night.

Dominican Republic, Samana
7 Nights 4-Star — $317
Grand Paradise Samana + taxes & fees $388

Departs Mar 24/nol/c6.

Cancun 7 Nights 4-Star	*Cancun Roulette 4*	$439 + taxes & fees $319
Departs Mar 26/sqv/qk.		
Cayo Coco 7 Nights 4-Star	*Be Live Playa Coco*	$517 + taxes & fees $276
Departs Mar 31/nol/ts.		
Bahamas 4 Nights 5-Star	*Riu Palace Paradise Island*	$569 + taxes & fees $286
Departs Apr 3/sqv/qk.		
Riviera Maya 7 Nights 4-Star	*Riviera Maya Roulette 4*	$579 + taxes & fees $319
Departs Apr 17/sqv/qk.		
Barbados 7 Nights 4-Star	*Almond Beach Village*	$1569 + taxes & fees $102
Departs Apr 5/wsv/ws.		

Vacations

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Belize Air + 7 Nights 4-Star — $1449
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INCLUDES 4 nights Kings Cross accom in Sydney and 4 nights central Melbourne accom. Departs Apr 11/ggv/qf.

Thailand Air + 9 Nights — $1679
The Old Phuket Boutique Resort, Grand Mecure Park Avenue + taxes & fees $317

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Event Vacation

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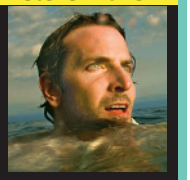


There was no stopping Limitless at the box office. The sci-fi thriller opened at No. 1 this weekend with US$19 million, according to studio estimates yesterday.

Last week's No. 1, the alien invasion movie Battle: Los Angeles, fell to third place with $14.6 million. Coming in second was the animated Western Rango at $15.3 million.

At No. 4 was the Lionsgate thriller The Lincoln Lawyer starring Matthew McConaughey. It made an estimated $13.4 million. In fifth place was Paul, with Seth Rogen providing the voice of a pot-smoking, wise-cracking alien. The Universal Pictures comedy made about $13.2 million.

THE ASSOCIATED PRESS

After 6 years out of print, Sailor Moon comes back to bookstores, comic shops

5 top basketball films

With the NCAA March Madness in full force, what are some of the best basketball movies of all time? Sorry, Hoosiers is a bit too clichéd to make the list

Hoop Dreams
1994

Steve James' documentary about a pair of inner-city Chicago youngsters who aspire to basketball stardom is at once sprawling and intimate.

James follows the highs and lows of Arthur Agee and William Gates over about five years, encourages us to root for them by depicting them exactly as they are, and lets us get to know their families, their playgrounds, their neighbourhoods.

It's both inspiring and heartbreaking without trying too hard to be either, and it's far more enthralling in its realistic twists than any scripted melodrama. Not just one of the best basketball films ever, but one of the best documentaries ever.

He Got Game
1998

Young Ray Allen does just fine here, showing off that pure shooting ability and holding his own opposite a nicely understated Denzel Washington.

Allen had only been in the NBA a couple years at this point and had never acted in a film before, but he rises to the challenges of some highly charged scenes as the nation's top high school prospect, who's struggling not just with the decision of what college to play for, but also with his father's return from prison.

Writer-director Spike Lee, the world's most famous New York Knicks fan, actually lets you see the game played out; he doesn't clutter it up with frantic camerawork and needless cuts.

Blue Chips
1995

Directed by William Friedkin and written by Ron Shelton, this thing is crammed with both celebrities and athletes without feeling forced. There's Nick Nolte as a volatile, Bobby Knight-type coach at a UCLA-type school, Ed O'Neill as the reporter who grills him and former Boston Celtics great Bob Cousy as the university's athletic director.

Most amusing of all, though, is seeing a young (and much leaner) Shaquille O'Neal as a beast of a prospect from the swamps of Louisiana, alongside his then-real-life Orlando Magic teammate Anfernee "Penny" Hardaway (with Alfre Woodard as Hardaway's badass mom). Larry Bird and Rick Pitino are among the big names who are surprisingly believable showing up as themselves.

The Basketball Diaries
1995

Leonardo DiCaprio is electrifying as Jim Carroll, the late New York poet and musician who chronicled his teenage descent into heroin addiction in his memoir of the same name.

Growing up in Manhattan, Carroll played basketball for his elite Catholic high school and dreamed of athletic stardom. Instead, he would follow a dangerous path of sex and drugs, artistic inspiration and self-destruction. (The film moves the time period from the 1960s to the present.)

This early DiCaprio performance, along with his Oscar-nominated work in What's Eating Gilbert Grape, offer an exciting glimpse at the fearless actor he would become.

Teen Wolf
1985

Who doesn't like young, furry Michael J. Fox? At the height of his Family Ties and Back to the Future fame, Fox came out with this comedy about a scrawny player on a struggling high school basketball team who discovers he's a werewolf.

It's as high-concept as you can get. Turning into a werewolf turns him into a monster both on and off the court — and yes, Teen Wolf turns into a very traditionally '80s-style cautionary tale about the perils of instant popularity. But there's something nostalgically comforting about that, and Fox, with his endearing sense of self-deprecation and natural comic timing, somehow makes it all work better than it should.

THE ASSOCIATED PRESS

GLAAD honours 30 Rock, True Blood

Russell Simmons, Ricky Martin and the HBO drama series True Blood are among this year's recipients of media awards from the Gay and Lesbian Alliance Against Defamation.

Other winners of the 22nd Annual GLAAD Media Awards, presented Saturday in New York, include the NBC comedy 30 Rock and CNN's Anderson Cooper 360 for its series on gay teen suicides.

Music mogul Simmons received the Excellence in Media Award.

Martin was cited for an appearance on The Oprah Winfrey Show in which the pop singer discussed raising twin boys and his decision to come out as gay.

Spanish-language networks Univision and Telemundo were also recognized.

Scissor Sisters were named outstanding music artists for the album Night Work. The website Essence.com was saluted for outstanding digital journalism.

Nonelectronic media winners include The New York Times columnist Frank Rich and Peter David for his Marvel comic book X-Factor.

The GLAAD Media Awards recognize fair, accurate and inclusive representation of the lesbian, gay, bisexual and transgender community and the issues that affect their lives in the media.

Winners were announced in 25 of this year's total of 32 media categories. The remaining awards will be presented at ceremonies to be held in Los Angeles and San Francisco in April and May, respectively.

THE ASSOCIATED PRESS

HBO's True Blood won a GLAAD Media Award.

McCarthy explores people's choices

Man behind the Visitor targeted actor Paul Giamatti to star as a high school wrestling coach in Win Win

▶ Win Win's writer/director Thomas McCarthy, left, and actor Paul Giamatti.

PHIL BROWN
SCENE@METRONEWS.CA

Writer/director Thomas McCarthy doesn't strive to make grand statements or produce effects-driven spectacles. Instead his talent lies in the mundane, finding humour and emotion in small stories about real people like The Station Agent and The Visitor.

On the surface, his latest movie Win Win is about a small-town wrestling coach and struggling attorney, but through McCarthy's delicate observational humour, it became much more.

"I wrestled in high school and the movie started there," McCarthy told Metro. "I wrote the screenplay with Joe Tiboni, who I've known since the fourth grade. He's a lawyer and we wrestled together, so the main character came out of him and through that I think we explored the choices people make, even good people, in tough times and how we self-regulate. That to me was really interesting because I think as adults we get away with a lot."

As in his previous movies, Thomas McCarthy wrote Win Win with a specific actor in mind: Paul Giamatti.

"There were a couple of directions to go with this casting," explained McCarthy. "There was the option of a more conventional leading man who is a bit beyond his prime and we considered a couple of actors for that take on the role. But for me, Paul felt right because he naturally brought the heart and humour to it."

McCarthy acted in films himself for years before transitioning into directing and as a result can tailor his movies for actors like few others. As always, McCarthy got some of the best work of his casts' respective careers for Win Win and shouldn't find it difficult to land equally talented performers next time.

When asked if he has any other specific actors he plans to create roles for, McCarthy replied, "There are so many, but definitely Meryl Streep. Her name is almost a term for good acting."

Toronto: The former rock city

Back when the Maple Leafs were winning Stanley Cups — many, many years ago — Toronto had another enviable reputation. It was seen by many as Canada's heart of rock 'n' roll.

Years before the Guess Who came rocking out of Winnipeg, or Bryan Adams exploded out of Vancouver, Toronto's Yonge Street strip was producing a sound that would someday rock the world.

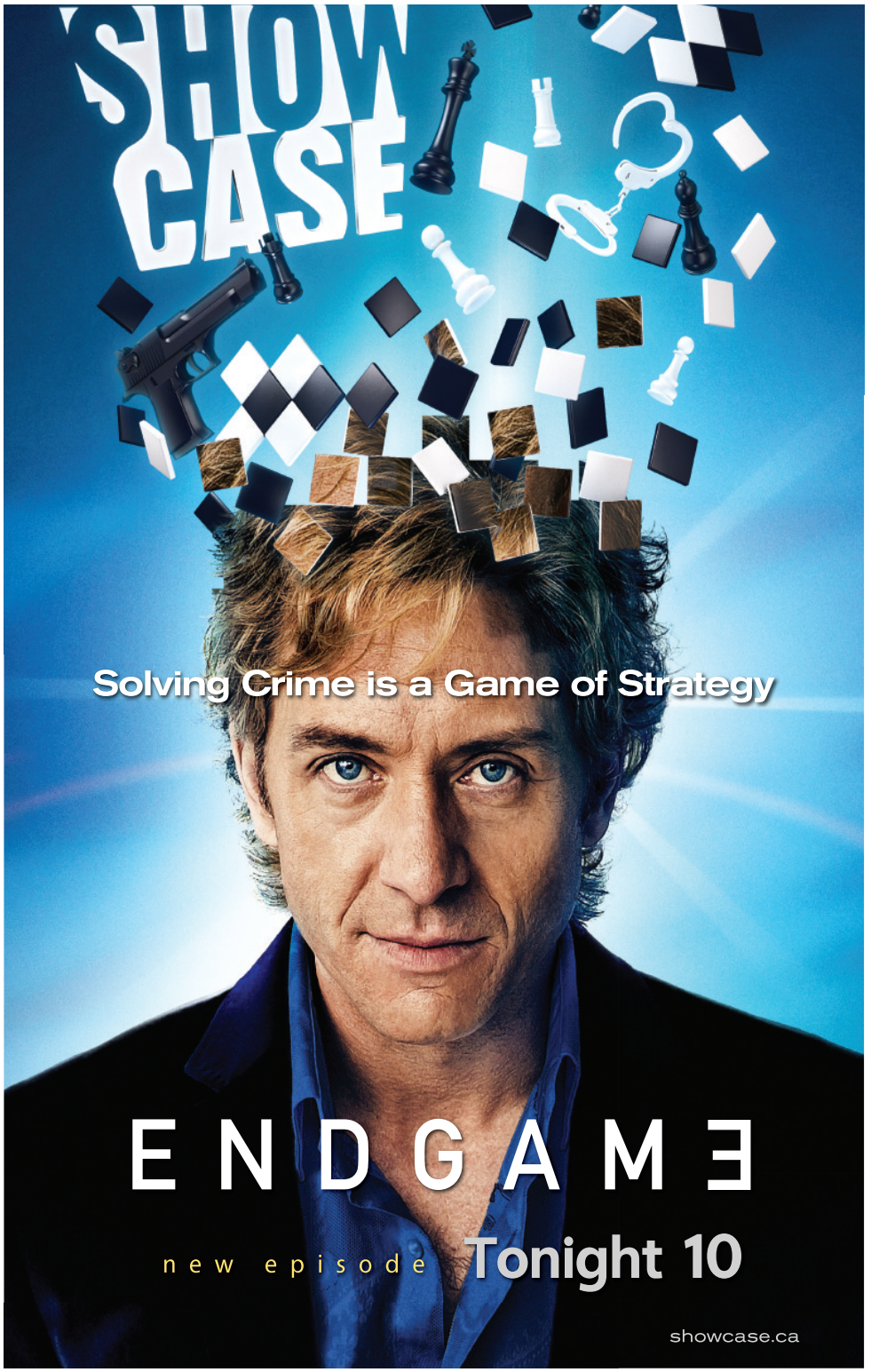
The vitality of that '60s musical scene comes vividly to life in Yonge Street: Toronto Rock & Roll Stories, a documentary from director Bruce McDonald (Hard Core Logo 1 & 2) and producer David Brady (The Grey Fox, The Pagan Christ). The three-hour special premieres March 21 at 10 p.m. ET on Bravo! and continues over the following two nights.

Brady and McDonald, together with producer/archivist Jan Haust and creative consultant and former CHUM radio personality Duff Roman, reconstruct Toronto's rock roots. They explore the strip from its white bread beginnings in the mid-1950s right up until 1970, when clubs like Le Coq d'Or Tavern, Club Blue Note and the Brown Derby were replaced by strip clubs and shopping malls.

The heyday lasted but a decade, says Brady. When the strip clubs went completely nude, that was the end of music on Yonge Street.

Strange to think that, in Toronto at least, sex killed rock 'n' roll. The evidence remains today, with the last remaining music club from the '60s — the Zanzibar — still operating as a lap dance palace.

The documentary also looks at Toronto's folk music scene which flowered in the midtown Yorkville district. THE CANADIAN PRESS



Billy Ray looking to mend fences

Singer calls off divorce Says relationship with daughter Miley also on upswing

ALL PHOTOS GETTY IMAGES

Billy Ray Cyrus: "I want to put my family back together."

Billy Ray Cyrus and wife Tish Cyrus are on the road to reconciliation, Billy Ray tells the hosts of The View during an interview.

"I've dropped the divorce," he says. "I want to put my family back together. Things are the best they've ever been."

Billy Ray still blames daughter Miley Cyrus' successful Disney show, Hannah Montana, for his family troubles and is glad the series is over.

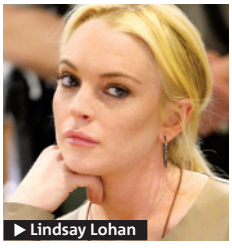
"I feel like I got my Miley back," he says. "I feel like we're the daddy and daughter we were before Hannah Montana." METRO

Lohan allegedly back to partying ways

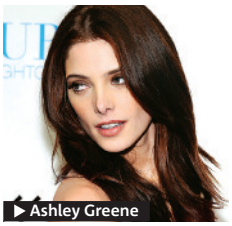
While Lindsay Lohan decides if she will take a plea bargain at her March 25 court appearance that could send her to jail for 60 days, she's in New York — and apparently up to her old tricks, according to Page Six.

While on the East Coast, Lohan has reportedly been partying until the wee hours at clubs and not hanging out with her family.

"Her family is furious," a source says. "She's supposed to be spending time with them and deciding if she'll take a plea deal. It's almost as if she thinks she may as well have one last final fling." METRO



Lindsay Lohan



Ashley Greene

Twilight star rebounds with rocker?

Fresh off her split from Joe Jonas, Ashley Greene has reportedly been getting cosy with Kings of Leon bassist Jared Followill, according to E! Online.

The pair were spotted at the Phebe's Tavern & Grill in New York last week, where Followill reportedly met Greene's dad.

And earlier in the week, the day before news of her breakup from Jonas broke, Greene and Followill were seen "dancing and flirting" at a nightclub.

Followill was recently linked to Miley Cyrus, who was said to be sending flirty text messages to the rocker. METRO

Talking points

Zellweger, Cooper call it quits: Report

BREAKUP. After two years of dating, Bradley Cooper and Renee Zellweger have reportedly split up. The pair, who declined to discuss their relationship while dating, first met on the set of their movie, Case 39, and moved in together last fall.

Signs of trouble apparently started last month when they attended a pre-Oscar party but didn't spend much time at each other's sides, sources say. Reps for Cooper and Zellweger had no comment. METRO

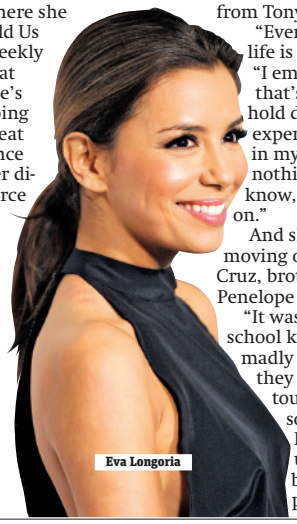
Longoria moving on post-divorce

CELEBRATION. Eva Longoria concluded her weeklong 36th birthday celebrations with a party in Las Vegas over the weekend, where she told Us Weekly that she's doing great since her divorce from Tony Parker.

"Everything in my life is great!" she said. "I embrace everything that's happening. I hold dearly every experience that I have in my life. I regret nothing, so, you know, [I'm] moving on."

And she's apparently moving on with Eduardo Cruz, brother of actress Penelope Cruz.

"It was like two high school kids who just fell madly in love because they were always so touchy-feely," a source says of Longoria and Eduardo's behaviour at her party. METRO

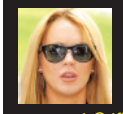


Eva Longoria

Celebrity tweets

Ashton Kutcher [@aplusk] It only took the UN 31 days to make a decision on Lybia... Hmmm is that system broke? How many people have killed?...

Kelly Clarkson [@kelly_clarkson] Okay....I need a veterinarian for a boyfriend. Who's in?



Lindsay Lohan [@lindsay-lohan] I love ny - but the paparazzi @ jfk just gave me an anxiety attack..... i was half asleep! they're such animals :(well- @ least im with my family in the end

Conan O'Brien [@Conan OBrien] Just did a 50,000 piece jigsaw puzzle, with the picture FACE DOWN! METRO

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369

Spousonomic theory

New book proposes you run your household like a business ◆ Do kids get union rights?

DREW TOAL
LIFE@METRONEWS.CA

YANIV NORD

Jenny Anderson and Paula Szuchman

In their new book, Paula Szuchman and Jenny Anderson, co-authors of Spousonomics, apply economic and business principles to married life.

Are these ideas useful when it comes to parenting? They would know. Szuchman, an editor at the Wall Street Journal, has a daughter, and Anderson, a reporter for the New York Times, has two.

Metro speaks with Szuchman to find out.

In the book, you discuss ideas like a division of labour when doing chores, and evoke "supply and demand" in the bedroom. Are any of these concepts applicable to parent-kid relationships?

Sure. One thing that happens when people first have a kid is the comparative advantage with child rearing ends up being with the mom and not the dad. That's especially true if she's breast feeding, because then she has the absolute and comparative advantage in feeding the kid. And if she stays home and takes the maternity leave, then that reinforces the comparative advantages even more. Before you know it, you end up with this situation where the guy will just say, "I don't know how to do it." If she does everything, she falls prey to becoming the default master of everything.

"If the mom stays home and takes the maternity leave, then that reinforces the comparative advantages even more."
PAULA SZUCHMAN, AUTHOR OF SPOUSONOMICS

For a young couple, what's the opportunity cost of having kids these days?

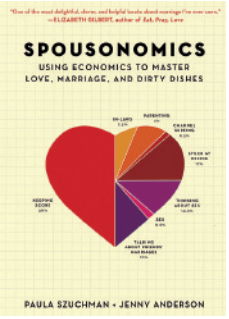
Well, the opportunity cost is whether or not to have kids. Once you have them, opportunity cost is "romantic time." If you studied economics, you could articulate this even better than I can, but for every unit of value you get of the same thing, you get less value from it.

That reminds me of the opportunity cost graph for countries that's often illustrated as a choice between "guns" and "butter."

You mean like diapers versus date night?

Yes! What about collective bargaining for parents? Does it help to unionize?

When I was growing up, my parents were certainly about their united front. [Laughs] I had very little bargaining power. I hate my parents for that, but I also like them, so they must have done something right. Parenting is a string of bargaining moves.



HEALTHY EATS ON A BUDGET

THE STAY-AT-HOME MOM

Samantha Mellen
Two boys: Lucas, 2, and Joshua, 4 months

What we feed our kids when they're young is the foundation they'll have as they grow up. I do a lot of foods and snacks that are easy to prepare, but also healthy. Carrots with dressing, yogurt, string cheese, peanut butter with an apple, and crackers are all snacks we enjoy.

I buy organic milk, meat and produce. Thankfully places like Costco make buying organic meat and fruit affordable.

I make my own baby food, which is super easy and cost affordable. My now two-year-old's first food (at six months) was an avocado. I'm really into what I feed my kids. However, I've also learned that if he wants a cookie, one every now and then won't hurt. Balance is a great thing — and make cookies that much better!

THE HIGH-POWERED WORKING MOM

Avis Jones-DeWeever
Executive Director, National Council of Negro Women
Mother of two boys, Aidan, 7, and Guy, 14

Many things in life have come naturally to me. Cooking, unfortunately, is not one of them. Complicating this issue further is the complexity of contending with the time constraints that every working mother must face. For me, the answer has been gadgets, smart substitutions and keeping on hand healthy snacks.

My best friend these days is an electronic pressure cooker/slow cooker. This one-pot miracle allows me to prepare the heart of meals in advance. I also routinely make healthier selections in the grocery store, like real fruit and vegetable juices instead of soda, turkey instead of pork or beef, and yogurt and fresh fruits. Still, I'm no health-food purist. There's just no substitute for family bonding over fresh chocolate chip cookies and milk.

THE HIPPIE MOM

Lili Meier
Owner, with husband, of My Little Green Shop, which sells organic and sustainable baby products online
Has a son, Sebastian, 25 months, and a daughter, Savara, 9 months

Thankfully, my hubby and I are on the same page when it comes to feeding our babes. We provide the healthiest food we can. We serve home-cooked meals (practically) every day, and choose organic food (fruit, veggies, dairy products and meat).

To help get a handle on the cost, we go to farmer's markets and try to stick with seasonal locally produced food. To save time, we often make big batches of something and then freeze a bunch so that on days when there's not much time/energy, we can still make something that is healthy.

3 life

New studies

52%

• Fifty-two per cent of adults aged 18 to 29 believe proper parenting is one of the most important things in life, according to a new Pew Research Center report.

When Generation X was asked the same question years ago, only 42 per cent felt good parenting was important.

3x

• Depressed dads are three times as likely to spank their one-year-olds as dads who are not depressed, according to researchers at the University of Michigan.

METRO WORLD NEWS

Baby strollers have come a long way. The multifunctional strollers on the streets today are not your mother's buggy.

THE CANADIAN PRESS HO/ ALLYOUNEEDISCHEESE.CA

Curry Me Brie Sandwich

This unique naan bread sandwich is the creation of Paul Rogalski, executive chef and co-owner of Calgary's Rouge Restaurant. It deftly marries brie cheese, mild curry and mango chutney with ripe pear.

You also can cut the sandwiches into smaller pieces once they cool and serve as appetizers.

Ingredients:

- 1/2 cup (125 mL) butter, room temperature
- 2 tsp (10 mL) mild curry powder
- 4 slices naan bread
- 4 tbsp (60 mL) mango chutney
- 6 oz (175 g) brie, thinly sliced while chilled (discard end cuts that contain the most rind)
- 1 ripe pear, skinned, seeded and thinly sliced

Preparation:

1. In small bowl, mix butter and curry powder together. Spread half of the butter on one side of two slices of the naan bread.
2. Place one naan, butter side down, in a large non-stick skillet or panini press. Spread with 2 tbsp (30 mL) of the mango chutney and place half of the sliced brie, then half of the sliced pear on naan. Cover with second naan, butter side up. Cook first side over medium heat for about 5 minutes or until golden brown.
3. Using a spatula, flip carefully. Continue cooking on the second side for another 5 minutes or until golden brown and cheese has melted.
4. Remove from heat and set aside for 2 minutes to cool slightly. Wipe skillet with a paper towel and repeat instructions for the second sandwich. Cut each sandwich in half and serve.

EMILY RICHARDS
CHEF PAUL ROGALSKI/ THE CANADIAN PRESS/ ALLYOUNEEDISCEESE.CA

Remix your soup-and-sandwich combo

A sandwich made with naan bread and curried brie cheese, and colcannon soup accented with kale chips and proscuitto, offer a new twist

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

While I'm sure there are plenty of fans of colcannon, anything with kale in it is a hard sell.

To counter that, this soup features kale chips. Available at most natural foods stores, they're made by seasoning and roasting fresh kale until crispy. The result is delicious.

Ingredients:

- 1 tbsp (15 mL) butter
- 1 large yellow onion, diced
- 2 lb (1 kg) russet potatoes, peeled and cut into small chunks
- 1 tsp (5 mL) garlic powder
- 1/4 tsp (1 mL) dried dill
- 2 cloves garlic, minced
- 4 cups (1 L) chicken broth
- 6 slices prosciutto
- 1/2 cup (125 mL) 35% whipping cream
- Salt and ground black pepper
- 1 cup (250 mL) kale chips

Preparation:

1. In saucepan over medium-high heat, melt butter. Add onion and cook until golden. Add potatoes, garlic powder, dill and garlic and cook for 4 minutes. Add chicken broth and bring to boil. Reduce heat, cover, simmer for 20 minutes (until potatoes are tender).
2. Meanwhile, heat a skillet over medium. Spritz pan with cooking spray, then place 2 or 3 slices of prosciutto in the pan. Fry, turning after 2 minutes or until browned and crisp on both sides. Repeat with remaining prosciutto; set aside.
3. Using a blender, pureé soup until almost smooth with some small chunks. Stir in cream, and return soup to a gentle simmer. Season with salt and pepper.
4. Divide soup among serving bowls and top each with some of the kale chips. Crumble 1 slice of prosciutto over each.

THE ASSOCIATED PRESS

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE ON EMILY, VISIT EMILYRICHARDSCOOK.CA

LARRY CROWE/ THE ASSOCIATED PRESS

▶ This recipe produces six servings.

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416-924-9800 — www.totalhealthshow.com

Green Living Show
April 15 - 17 — Direct Energy Centre, Exhibition Place
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*TTC Day Pass - Some conditions apply. Call 416-393-INFO (4636) or visit www.ttc.ca for details.

‘Greenwashing’ — how to spot it

Beware of the claims your ‘green’ products make Without the proper certifications, some products that say they are organic, recyclable or compostable are just selling you a word, not a fact — that’s greenwashing

BEN KNIGHT
GREEN@METRONEWS.CA

As consumer awareness of recycling and sustainability grows, the market is being inundated with eco-friendly products and processes. But is that green product you’re putting in your shopping cart truly green — or are you, the shopper, being “greenwashed?”

“Greenwashing is making statements about the environmental attributes of a service or product that are either false or misleading,” says Eric Boyd, an environmental lawyer with Seyfarth Shaw, a major American law firm now specializing in green compliance.

“My practice has been to help companies make sure they don’t get in trouble under the Federal Trade Commission Green Guides, which prohibit false and misleading advertising.”

Boyd guides his clients — including Canadian building-materials firms — through the maze of legal definitions of recyclability, compostability, degradability and other key concepts of environmentally conscious sustainability.

With demand for greener products steadily climbing, this has become a matter of significant importance for shoppers, and therefore for all companies competing for their cash.

“Consumer desire drives everything,” Boyd says. “It drives the Walmarts of the world to require their suppliers to have green attributes in their products. And suppliers are not always sure what those words mean — or what they have to do to substantiate them.”

This is particularly true in the construction industry – on both sides of the Canada-U.S. border.

“LEED certification — gold, silver, platinum — is basically a sustainability measure for buildings,” Boyd notes. “To get points for that certification, you get credit for things like recycling rain water and green roofs, but also for your building materials — if they’re recyclable or made from recycled content. That is pushing suppliers to the building trades to come up with new products and services that meet those criteria.”

So — how can you spot greenwashing?

“I’ll give you a hint,” Boyd says. “If the general claim — that this is environmentally preferable, or this has eco-benefits, or there’s a green seal or something — you can always check the marketing materials or on their website to see if there’s more detail. One of the things the law requires is that companies substantiate general environmental claims. That substantiation should be available somewhere.”

ISTOCK

▶ When shopping for environmentally conscious products, be sure to check the label for industry and government certifications.

That requires Boyd and his colleagues to do some detective work, ensuring that any company they advise is making legitimate green claims.

“I like this area of law because it pulls all sorts of things together,” Boyd concludes.

“In the environmental world, for so long, we’ve been sort of command and control — how much pollutant can go in the air, the water, what have you — and how do you regulate that? Moving more toward a product-driven approach, people are looking more at life cycle and things like that. People are more concerned about the things they consume, eat and wear. This sort of product focus on the green marketing side brings it all full-circle.”

Queen of Green

LINDSAY COULTER
GREEN@METRONEWS.CA

COMPOSTING COLOUR SCHEME? IT’S ALL ABOUT THE DOS AND DON’TS

The other day I noticed that a friend of mine puts paper towels and facial tissue into her compost. Are you really allowed to add these?
Melanie of Edmonton

TORSTAR NEWS SERVICE

▶ Compost is best when produced with layers of browns and greens.

Paper products can be a welcome addition to any compost pile. The goal is to alternate layers of nitrogen-rich greens (yard trimmings and vegetable peels) and carbon-rich browns. You see backyard composting is really a colour-coordination project.

Other types of “browns” include leaves, twigs, straw, corn cobs and stalks, brown paper bags, newsprint and even the inside cylinders of empty toilet paper rolls. A simple trick is to chop, shred or tear your browns — greens too — to speed up decomposition.

What you shouldn’t add are any greasy paper towels or napkins — they might attract unwelcome visitors. And, if you plan to put your compost in your garden, don’t add bleached paper towels or napkins. Instead, purchase 100 per cent post-consumer waste-paper products processed chlorine-free. Better yet, switch to reusable cloth napkins and hankies to cut down on the waste leaving your home, even if it is compostable. Learn more about Composting Dos and Don’ts in my fact sheet at davidsuzuki.org.

David Suzuki Foundation

PUBLIC OPEN HOUSE

DUNDAS WEST-BLOOR MOBILITY HUB STUDY

METROLINX, an agency of the Province of Ontario, is helping transform the way the region moves by championing and delivering mobility solutions for the Greater Toronto and Hamilton Area (GTHA).

The Big Move, Metrolinx’s Regional Transportation Plan for the GTHA, imagines a future in which key transit stations become mobility hubs. Mobility hubs are places of connectivity where different modes of transportation — from walking to riding transit — come together seamlessly and where there is an intensive concentration of working, living, shopping and playing.

We are conducting a study on the proposed Dundas West-Bloor Mobility Hub. The study includes the development of a plan to better integrate existing GO Transit and TTC services, as well as provide a design foundation for future major upgrades to GO Transit and TTC service, and a stop on the Union-Pearson Air Rail Link. The study builds closely on the findings of the Bloor-Dundas Avenue Study prepared by the City of Toronto in 2009.

GET INVOLVED – ATTEND OUR PUBLIC OPEN HOUSE

You’re invited to attend our open house to find out more about this study. Information will be on display and there will be a brief presentation to provide an overview of the study’s goals and objectives, opportunities and constraints, and recommendations for the focus areas.

Following the presentation, participants will have the opportunity to break out into smaller groups to take part in a series of discussions and share their comments.

Date: Wednesday, March 23, 2011
Time: 6 p.m. to 8:30 p.m.
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Turning Point

TERESA KRUZE
LIFE@METRONEWS.CA

FROM INMATE TO INSPIRATION

LaToya Rodney watched the door of the jail cell swing shut. She was only 21 years old.

A life of anger and violence put her behind bars but it was a turning point for the young girl as her hidden talents began to emerge. "The inmates would hear me singing and rapping. I would sing them to sleep."

The prison guards noticed too and encouraged her to pursue her talents.

But when she got out of jail her behaviour and anger got worse when her two brothers were shot.

"I was so into the gang life of retaliation." Finally, a friend convinced her to go to church. "People accepted me. They didn't know the dirt I had done in my life. They accepted me for what I was."

Inspired to make a permanent change in her life, LaToya became a social worker and motivational speaker.

She is back on the tough streets but this time she's making a difference in people's lives. "You have to understand where their brokenness and pain is coming from. It can be overwhelming at times but I'm going to make it."

LaToya Speaks

- Event: Louise Russo W.A.V.E. Empowering Youth Day
- Wednesday May 11, 2001 Living Arts Centre of Mississauga
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▶ LaToya Rodney is a motivational speaker, social worker, singer, rap artist, dancer and actress.

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The cover letter is an employer's introduction to your personality ◐ Make that first impression count

1. Find out what your target employer's slogan, jingle or mission statement is and brainstorm ways to include it in your cover letter's introduction. This technique will quickly capture the reader's attention, demonstrate that you are familiar with the employer and stand out from other candidates' one-size-fits-all cover letters.

2. Add a table or two-column section that closely connects the employer's requirements to your qualifications and professional achievements. This strategy will quickly provide the employer with concrete evidence that you're a good fit for the job and worth learning more about.

3. Begin with a thought-provoking quote relevant to the position, the employer's goals or your target industry. Many people love to read, share and ponder quotes. Including one in your cover letter can be a quick and effective way to engage the reader.

4. Add a "P.S." to the end of your cover letter. Often, it's the first thing a person will read.

5. Feature a strong headline near the beginning of the cover letter. To keep it brief, yet powerful, address one of the employer's key concerns, spotlight your expertise or promote an attribute that will be particularly appealing. ● METRO

▶ The résumé is important, but it's important to remember that the cover letter comes first.

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Y are we all so pessimistic?

Two 'thought leaders' are out to change the way we view the world

When David Suzuki sluices out the slimy, sticky consequences of Big Oil and the Alberta tarsands in a recent documentary, he rubs a raw nerve in Tara Mahoney.

She absorbs the renowned scientist's harsh facts, certain he is right. But the 27-year-old takes umbrage at his death knell that the world is worse off now than ever before.

"It's also gotten a lot better," she says. "There's a lot of positive things you can focus on and progress has been made. I think it's important to remind people of that."

They've come of age imperilled by climate change, planes diving into buildings and superpowers sniping civilians, but Mahoney and 25-year-old Fiona Rayher aren't hiding under the bed.

The tenacious Vancouver collaborators have recently launched the Generation Why Media Project, aiming to galvanize peers rather than let them give up. They're using media, public art, workshops and events to spread their concept, and have already been tapped as "thought leaders" by the idea-sharing forum TED.

"We feel something is happening to our world, it doesn't make any sense, we need to go in a new direction," Rayher says, describing their approach as "informed optimism."

"If we understand that to be true," adds Mahoney, "then we need to decide as a generation while we're still young and we have the energy and exuberance to want to change and create things.

"We need to be focusing on the solutions right now."

The brainchild was born after the duo made a short film featuring three people who exemplified the values they believe epitomize generation Y's potential, and everyone who viewed it clamoured for more. So they built a website with a blog, shot more shorts, gave a keynote speech at TEDxVancouver and started throwing theme parties.

DARRYL DYCK/THE CANADIAN PRESS

▶ Generation Why collaborators Tara Mahoney, left, and Fiona Rayher

Underlying the multi-faceted project, which costs them loads of time but not too much cash, is the theory that every four-part cycle of births throughout American history includes a "hero generation." In the concept, developed by social historians William Strauss and Neil Howe, that group turns upside down the social structures set up by the previous dominant generation, because they're no longer working.

Instead of laying blame on their parents, however, Mahoney and Rayher conceived an event (held last Saturday) where they paired gen-Y and baby boomer speakers to publicly dialogue about the environment, justice, community, technology, and the future.

"The potential of (generation Y) doing things to change the world and to solve some of these problems is much greater than it was for us," says Kathleen Mahoney, an internationally recognized human rights lawyer and law professor, who is also Tara's 64-year-old mother.

Before her moment on stage, she noted the generation has also benefited enormously from social progress and economic prosperity driven by boomer action.

"I think your generation, if I may say it this way, is just beginning to realize what power they have."

Caleb Behn, a 29-year-old law student and aboriginal activist from northeastern B.C., was Mahoney's counterpoint during the discussion.

He describes his generation as frenetic and out of balance.

"Despite the tattoos, despite the piercings and the body modification and progressive politics and the willingness to engage, and frankly, stand up ... We're a generation that inherited a hell of a world and often times as a generation we don't know what to do with it," he says in an interview.

"We're so active and we're so engaged and some of us burn out young and get cynical and get into the corporate world and believe in certain materialistic things. Some of us stay activists and just stand in opposition."

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Raps win a thriller in OKC

95	93
RAPTORS	THUNDER

Amir Johnson made a layup with 1.4 seconds left to lift the Toronto Raptors to a 95-93 victory over the Oklahoma City Thunder last night.

Andrea Bargnani scored 23 points for the Raptors, who snapped a 14-game road losing streak with their first win away from home since Jan. 5 at Cleveland. Oklahoma City had its six-game winning streak snapped.

Oklahoma City overcame a 10-point deficit at the end of the third to take a 93-90 lead with 1:31 left. However, Leandro Barbosa's three-pointer with 38.5 seconds left tied it, and he assisted on Johnson's shot.

James Harden scored 23 points for the Thunder, including eight during their fourth-quarter rally.

The Raptors went on a 10-0 run in the third quarter after Oklahoma City had tied the game at 48. With the Thunder's Kendrick Perkins and Nazr Mohammed on the bench for much of the quarter with foul trouble, Bargnani was 3-for-6 from the floor and added four more points from the line during the third.

He also anchored Toronto's post defence, which held Kevin Durant to 0-for-7 shooting in the third.

Toronto coach Jay Triano said before the game he wanted to slow the game down and limit Oklahoma City's transition points. His team did just that, holding the Thunder to 10 fast-break points, including six through the first three quarters.

THE ASSOCIATED PRESS

ABELIMAGES/GETTY IMAGES

▶ James Reimer celebrates a 5-2 win Saturday over the Boston Bruins.

Reimer finds some edge

Rookie goalie takes motivation from those who question his abilities

The Leafs found out this past weekend that rookie goalie James Reimer is not necessarily all smiles and bashful — and that is arguably good news with the club heading out on a three-game road trip.

Reimer showed a slight edge to his usually welcoming demeanour following Saturday's 5-2 win over Boston. The rookie is no Darcy Tucker when it comes to edge, but he is motivated by his detractors.

"A little motivation, yeah … some people say I have a bad glove hand, but I don't think so. I think my glove hand is pretty good. I mean I'd like to have guys shoot there because I think I have a pretty good glove hand," Reimer said, still smiling, but definitely intent on getting a point across.

91.8

Average number of points needed over the last five season to secure the final playoff spot in the East, though Philadelphia made it last year with 88 points.

Ever since a loss to Tampa a week ago, one in which Reimer was pulled after two periods and five goals on 18 shots, he has heard opinions about some flaws in his game.

The particularly pointed ones came from the Lightning themselves. According to coach Guy Boucher, his team's scouting staff pored over Reimer in the games leading up to the Leafs contest and found "things" they weren't willing to divulge.

Reimer was beaten to the glove hand side. The general consensus afterwards was that the Lightning were onto something by shooting high to the glove. Also making the rounds was Reimer's butterfly style — shaped by Leafs goalie coach Francois Allaire — and how that was exploitable as well.

Reimer quickly came to his goalie coach's defence — showing the same edge he did in talking about his glove hand. It was like a "welcome to the big leagues" moment, a situation where the heat was turned up on the very successful rookie after a mediocre performance in a playoff race.

Now, Reimer and the Leafs will need that edge. The talk of the glove hand has cooled for now. But the Leafs face Minnesota, Colorado and Detroit this week. They will need to win at least two of those games, if not all three, to remain in the playoff race.

TORSTAR NEWS SERVICE

4 sports

Raptors preview

Raptors at Nuggets, 9 p.m.
TV: TSN
Radio: 590 AM

The Raptors have lost six straight at Denver. Andrea Bargnani continues to be one of the few bright spots for Toronto this season. He scored 33 points in Friday's win over Washington.

Denver (41-29) has been on the rise since trading away Carmelo Anthony, winning seven of its last 10 games. The Nuggets return home after dropping both games on their back-to-back swing through Florida.

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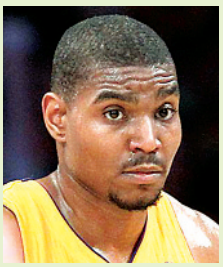
Sports in brief



Bynum gone for two games

NBA. Los Angeles Lakers centre Andrew Bynum has been suspended two games for his flagrant foul on Minnesota's Michael Beasley.

Bynum missed yesterday's game against Portland and will miss tomorrow's meeting with Phoenix under the suspension announced yesterday by the NBA.

THE ASSOCIATED PRESS

Tendinitis may shelve Peavy

MLB. Chicago White Sox pitcher Jake Peavy was shut down while throwing in the bullpen with what doctors believe is rotator cuff tendinitis.

Peavy met with doctors after the session yesterday and they prescribed anti-inflammatory medication.

The right-hander had surgery to repair a detached muscle in his right shoulder in July and had been setback-free so far this spring, posting a 4.11 ERA in 15⅓ innings. He said the current issue is not related to the surgery. THE ASSOCIATED PRESS

Heil wins one last silver

SKIING. Canadian freestyle skier Jennifer Heil closed out her career with another podium performance.

She won a silver medal in the dual moguls event at the final World Cup of the season yesterday.

Canada won four medals on the day.

Heil, of Spruce Grove, Alta., lost to overall leader Hannah Kearney of the United States in the final.

THE CANDIAN PRESS

"We had trouble with getting our rocks in the right places"

CURLING. Canadian skip Amber Holland lost both her games yesterday to fall to 1-2 at the Capital One world women's curling championship.

Holland followed a 9-4 loss to Russia by dropping an 8-5 decision to host Denmark. Her Saskatchewan rink shot just 70 per cent in the opener.

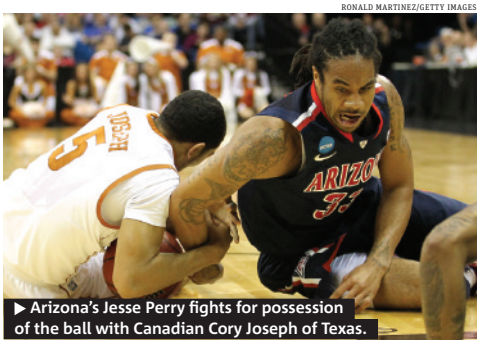
"That's called not being very sharp," Holland said. "We just didn't make many shots today."

THE CANADIAN PRESS

GREGORY SHAMUS/GETTY IMAGES

▶ Ohio State's Jon Diebler blocks a shot by George Mason's Ryan Pearson.

RONALD MARTINEZ/GETTY IMAGES



▶ Arizona's Jesse Perry fights for possession of the ball with Canadian Cory Joseph of Texas.

KEVIN C. COX/GETTY IMAGES

▶ North Carolina's Tyler Zeller dunks the ball against Washington.

Order on the court

Few surprises as basketball heavyweights Duke, Ohio State and North Carolina all move on

STREETER LECKA/GETTY IMAGES

▶ Michigan's Darius Morris and Duke's Kyle Singler battle for a rebound.

Game results

- Nolan Smith scored 24 points and top-seeded Duke held off a late rally to beat Michigan 73-71 yesterday as the Blue Devils advanced to the round of 16 for the 12th time in 14 years.
- David Lighty made all seven of his three-pointers and scored 25 points as top-seeded Ohio State made 16 threes to advance in the NCAA tournament with a jaw-dropping 98-66 win over George Mason.
- Tyler Zeller scored 23 points, Harrison Barnes added 22 and North Carolina survived a frantic finish to beat Washington 86-83 yesterday and advance to the round of 16 for an NCAA tournament-record 24th time.

THE ASSOCIATED PRESS

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
dx-Philadelphia	71	44	19	4	4	228	190	96	21-10-2-2	23-9-2-2	4-4-1-1	W1
d-Washington	73	42	21	5	5	198	176	94	22-8-2-5	20-13-3-0	9-1-0-0	W1
d-Boston	71	39	22	5	5	213	175	88	16-12-3-2	23-10-2-3	4-4-2-0	L2
Pittsburgh	72	41	23	5	3	208	177	90	22-13-2-0	19-10-3-3	5-3-2-0	L1
Tampa Bay	72	39	22	5	6	214	217	89	22-9-1-4	17-13-4-2	2-4-2-2	L2
Montreal	73	40	26	4	3	200	185	87	22-9-3-3	18-17-1-0	7-3-0-0	W1
NY Rangers	73	39	30	2	2	215	179	82	17-17-1-2	22-13-1-0	6-4-0-0	W4
Buffalo	72	35	28	8	1	214	208	79	16-16-3-1	19-12-5-0	5-3-2-0	L1
Carolina	72	33	29	5	5	201	214	76	19-12-2-2	14-17-3-3	4-5-1-0	W1
Toronto	73	32	31	5	5	192	225	74	17-14-3-4	15-17-2-1	5-4-1-0	W1
New Jersey	72	34	34	3	1	154	182	72	17-15-2-1	17-19-0-1	7-3-0-0	W1
Atlanta	72	30	30	5	7	202	237	72	15-14-2-5	15-16-3-2	5-4-1-0	L1
Florida	72	29	33	5	5	182	198	68	15-15-5-4	14-18-0-1	3-4-2-1	L1
NY Islanders	73	28	33	7	5	203	232	68	16-15-1-4	12-18-6-1	5-1-3-1	W1
Ottawa	72	27	36	5	4	164	223	63	13-19-2-3	14-17-3-1	6-4-0-0	W2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
y-Vancouver	73	47	17	4	5	238	172	103	25-8-1-4	22-9-3-1	8-2-0-0	L1
Detroit	72	43	21	5	3	233	204	94	19-11-3-2	24-10-2-1	5-3-1-1	L1
San Jose	73	42	23	4	4	211	191	92	20-11-2-3	22-12-2-1	5-3-0-2	W3
Phoenix	73	39	23	7	4	212	205	89	17-11-4-2	22-12-3-2	6-2-1-1	W5
Los Angeles	72	40	26	4	2	197	176	86	20-12-3-0	20-14-1-2	5-3-2-0	L2
Nashville	73	38	25	6	4	190	172	86	19-8-4-3	19-18-1-1	6-2-1-1	W3
Dallas	72	38	25	3	6	203	202	85	20-11-2-5	18-14-1-1	5-2-2-1	L1
Chicago	71	38	25	3	5	232	202	84	22-14-0-0	16-11-4-4	6-2-1-1	L1
Anaheim	71	39	27	3	2	199	204	83	22-12-1-1	17-15-2-1	7-2-1-0	W2
Calgary	73	37	27	3	6	222	209	83	22-12-1-3	15-15-2-3	6-4-0-0	W1
Minnesota	73	35	30	3	5	185	204	78	17-14-2-3	18-16-1-2	2-6-2-0	L6
Columbus	72	33	29	4	6	195	218	76	16-16-1-3	17-13-3-3	2-5-1-2	L1
St. Louis	72	32	31	4	5	201	214	73	20-12-1-3	12-19-3-2	4-6-0-0	L2
Colorado	71	27	36	7	1	198	250	62	14-17-4-0	13-19-3-1	1-8-0-1	W1
Edmonton	72	23	39	2	8	175	237	56	12-20-1-4	11-19-2-3	3-5-1-1	L6

x — clinched playoff berth; y — clinched division title; d — division leaders; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL or SOL columns.

Yesterday's results
Montreal 8 Minnesota 1
Nashville 4 Buffalo 3 (OT)
New Jersey 3 Columbus 0
N.Y. Rangers 5 Pittsburgh 2
Chicago at Phoenix
Calgary at Anaheim
Saturday's results
Ottawa 3 Tampa Bay 2 (OT)
Toronto 5 Boston 2
Colorado 3 Edmonton 2 (SO)
Anaheim 2 Los Angeles 1 (OT)
Buffalo 8 Atlanta 2
Columbus 5 Minnesota 4 (OT)
Nashville 3 Detroit 1
N.Y. Islanders 4 Florida 3 (SO)
Philadelphia 3 Dallas 2 (SO)
San Jose 5 St. Louis 3
Tonight's games
All times Eastern
Pittsburgh at Detroit, 7 p.m.
Calgary at Los Angeles, 10:30 p.m.
Tomorrow's games
New Jersey at Boston, 7 p.m.
Florida at N.Y. Rangers, 7 p.m.
Washington at Philadelphia, 7 p.m.
Ottawa at Carolina, 7 p.m.
Buffalo at Montreal, 7:30 p.m.
N.Y. Islanders at Tampa Bay, 7:30 p.m.
Edmonton at Nashville, 8 p.m.
Toronto at Minnesota, 8 p.m.
Columbus at Colorado, 9 p.m.
St. Louis at Phoenix, 10 p.m.

CANADIENS 8, WILD 1

First Period
1. Montreal, White 1 (Pouliot, Subban) 0:31
2. Montreal, Kostitsyn 19 (Pouliot) 6:47
Penalties — White Mtl, Stoner Min (fighting) 6:31, Kostitsyn Mtl (high-sticking) 7:06, Staubitz Min (high-sticking) 17:05.
Second Period
3. Montreal, Subban 9 (White, Pouliot) 0:51
4. Montreal, Wisniewski 10 (Cammalleri, Auld) 5:22
5. Montreal, Moen 6 (Gomez, Hamrlik) 7:35
6. Montreal, Subban 10 (Wisniewski, Cammaleri) 16:23 (pp)
Penalties — Palushaj Mtl (hooking) 3:01, Staubitz Min (roughing) 15:46, Miettinen Min (hooking) 18:22, Koivu Min (tripping) 19:21.
Third Period
7. Montreal, Subban 11 (White, Desharnais) 1:27
8. Minnesota, Koivu 17, 12:14 (penalty shot, pp)
9. Montreal, Pyatt 2 (Gionta, Desharnais) 13:55
Penalties — Mara Mtl, Clutterbuck Min (unsportsmanlike conduct, misconduct) 7:51, Gionta Mtl (tripping) 10:52, Havlat Min (hooking) 16:20.
Shots

Montreal	11	13	8	32
Minnesota	12	8	11	31

Goal (shots-saved) — Montreal: Auld (W,6-2-1); Minnesota: Theodore (L,12-10-3)(19-14), Backstrom (7:36 second)(13-10). **Power plays (goals-chances)** — Montreal: 1-5; Minnesota: 1-3.
Referees — Chris Rooney, Marc Joannette.
Linesmen — Mark Wheler, Bryan Pancich.
Attendance — 18,595 (18,064).

SATURDAY

MAPLE LEAFS 5, BRUINS 2

First Period
1. Toronto, Schenn 4 (Crabb) 9:44
2. Boston, McQuaid 2, 11:46
3. Toronto, Kadri 1 (Crabb, Gunnarsson) 12:26
Penalty — Ryder Bos (delay of game) 6:41.
Second Period
4. Toronto, Crabb 3 (Boyce, Kadri) 7:49
5. Toronto, Brown 3 (Brent) 8:18
6. Toronto, Aulie 2 (Bozak, Kessel) 17:23
Penalty — Brent Tor (delay of game) 3:19.
Third Period
7. Boston, Paille 3 (Thornton, Campbell) 19:40
Penalties — Brown Tor (goaltender interference) 5:42, Horton Bos, Phaneuf Tor (fighting) 11:45, Recchi Bos (hooking) 13:55.
Shots

Boston	11	15	11	37
Toronto	9	12	8	28

Goal (shots-saves) — Boston: Thomas (L,29-10-8)(14-10), Rask (8:18 second, 7-6), Thomas (0:00 third, 8-8); Toronto: Reimer (W,15-7-4).
Power plays (goals-chances) — Boston: 0-2 Toronto: 0-2.
Referees — Frederick L'Ecuyer, Bill McCreary.
Linesmen — Tim Nowak, Jonny Murray.
Attendance — 19,512 (18,819).

SENATORS 3, LIGHTNING 2 (OT)

First Period
1. Tampa Bay, Lecavalier 19 (Thompson) 6:32
Penalties — Butler Ott (hooking) 8:59, Neil Ott (interference) 11:47.
Second Period
2. Tampa Bay, Tyrell 6 (Bergenheim) 7:42
Penalties — Lundin TB (tripping) 8:14, Brewer TB (elbowing) 19:45.
Third Period
3. Ottawa, Shannon 9 (Kondra, Karlsson) 12:27 (sh)
4. Ottawa, Foligno 12 (Smith, Neil) 16:05
Penalty — Svatos Ott (boarding) 10:41.
Overtime
5. Ottawa, Spezza 16 (Karlsson) 3:28
Penalties — None.
Shots

Tampa Bay	13	9	10	5—37
Ottawa	3	9	18	4—34

Goal —Tampa Bay: Roloson: (L,20-23-4); Ottawa: McElhinney: (W,9-10-1). **Power plays (goals-chances)** — Tampa Bay: 0-3; Ottawa: 0-2.
Referees — Tim Peel, Marcus Vinnerborg.
Linesmen — Pierre Champoux, Derek Nansen.
Attendance — 18,813 (19,153).

AVALANCHE 3, OILERS 2 (SO)

First Period
1. Colorado, Duchene 23 (Winnik) 9:47
Penalties — Johnson Col, Jones Edm (fighting) 0:11, Vandermeer Edm (slashing) 2:16, Yip Col (tripping) 11:40, Eberle Edm (high-sticking) 12:37, Wilson Col (roughing) 17:02.
Second Period
2. Edmonton, Eberle 16 (Cogliano, Foster) 13:05 (pp)
3. Colorado, Porter 13 (Wilson, Duchene) 17:00
Penalties — McLeod Col (double high-sticking) 12:35.
Third Period
4. Edmonton, Foster 6 (Omark, Paajarvi) 16:10
Penalties — None.
Overtime
No Scoring.
Penalty — Holos Col (hooking) 3:37.
Shootout
(Colorado wins 1-0)
Colorado (1) — Duchene, miss; Porter, miss; Jones, miss; Stoa, goal. **Edmonton (0)** — Eberle, miss; Omark, miss; Giroux, miss; Paajarvi, miss.
Shots

Colorado	10	11	5	1—27
Edmonton	6	7	16	4—33

Goal — Colorado: Elliott (W,14-24-9); Edmonton: Khabibulin (L,10-28-3). **Power plays (goals-chances)** — Colorado: 0-2; Edmonton: 1-5.
Referees — Greg Kimmerly, Tom Kowal. **Linesmen** — Ryan Galloway, Vaughan Rody.
Attendance — 16,839 (16,839).

CRICKET

WORLD CUP

GROUP A

	MP	W	T	L	NR	Pt
x-Pakistan	6	5	0	1	0	10
x-Sri Lanka	6	4	0	1	1	9
x-Australia	6	4	0	1	1	9
x-New Zealand	6	4	0	2	0	8
Zimbabwe	6	2	0	4	0	4
Canada	6	1	0	5	0	2
Kenya	6	0	0	6	0	0

GROUP B

	MP	W	T	L	NR	Pt
x-South Africa	6	5	0	1	0	10
x-India	6	4	1	1	0	9
x-England	6	3	1	2	0	7
x-West Indies	6	3	0	3	0	6
Bangladesh	6	3	0	3	0	6
Ireland	6	2	0	4	0	4
Netherlands	6	0	0	6	0	0

x — clinched berth in quarter-finals.
Yesterday's results
At Calcutta, India
Zimbabwe (308-6) def. Kenya (147) by 161 runs.
At Chennai, India
India (268) def. West Indies (188) by 80 runs.
Saturday's results
At Dhaka, Bangladesh
South Africa (284-8) def. Bangladesh (78) by 206 runs.
At Colombo, Sri Lanka
Pakistan (178-6) def. Australia (176) by four wickets.
End of Group Stage

MLB

SPRING TRAINING

Yesterday's results
Toronto 3 Minnesota 0
Arizona (ss) 4 Oakland (ss) 2
Atlanta 5 Houston (ss) 3
Baltimore 9 Tampa Bay 8
Chicago Cubs 3 San Francisco (ss) 2 (10 ings)
Cincinnati 9 Milwaukee 8
Cleveland 5 Arizona (ss) 3
Colorado 6 L.A. Angels 6 (10 ings)
Detroit 6 Washington 1
Florida 5 N.Y. Mets 0
L.A. Dodgers 9 Chicago White Sox 7
N.Y. Yankees 8 Philadelphia 1
Oakland (ss) 6 San Francisco (ss) 4
Pittsburgh 3 Houston (ss) 1
Seattle 4 San Diego 1
St. Louis 10 Boston 3
Texas 5 Kansas City 2
Saturday's results
N.Y. Yankees 5 Toronto 5 (10 ings)
Philadelphia 7 Baltimore 5
Atlanta (ss) 3 N.Y. Mets (ss) 3 (10 ings)
Houston 3 St. Louis (ss) 2
Pittsburgh 7 Boston 5
Florida 5 St. Louis (ss) 4
Minnesota 9 Tampa Bay 2
Detroit 2 Atlanta (ss) 1
N.Y. Mets (ss) 7 Washington 4
San Francisco 3 Kansas City 1
Oakland 8 Chicago White Sox 3
Seattle 9 Texas 8 (10 ings)
L.A. Dodgers 6 Milwaukee 6 (10 ings)
Cleveland 10 L.A. Angels 7
San Diego 14 Chicago Cubs 4
Cincinnati (ss) 10 Colorado 3
Arizona 13 Cincinnati (ss) 10

SOCCER

MLS

Yesterday's result
New England at Los Angeles
Saturday's results
Vancouver 4 Toronto 2
Chicago 1 Dallas 1
Colorado 3 Portland 1
D.C. United 3 Columbus 1
New York 1 Seattle 0
Philadelphia 1 Houston 0
Real Salt Lake 1 San Jose 0
Sporting Kansas City 3 Chivas USA 2

ENGLAND

PREMIER LEAGUE

Yesterday's results
Sunderland 0, Liverpool 2
Chelsea 2 Manchester City 0
Saturday's results
Aston Villa 0 Wolverhampton Wanderers 1
Blackburn 2 Blackpool 2
Everton 2 Fulham 1
Manchester United 1 Bolton 0
Stoke 4 Newcastle 0
Tottenham 0 West Ham 0
West Bromwich Albion 2 Arsenal 2
Wigan 2 Birmingham 1

TENNIS

ATP-WTA BNP PARIBAS OPEN

At Indian Wells, Calif.
Yesterday's results
Men
Singles — Championship
Novak Djokovic (3), Serbia, def. Rafael Nadal (1), Spain, 4-6, 6-3, 6-2.
Women
Singles — Championship
Caroline Wozniacki (1), Denmark, def. Marion Bartoli (15), France, 6-1, 2-6, 6-3.
Saturday's results
Men
Doubles — Championship
Alexander Dolgopolov, Ukraine, and Xavier Malisse, Belgium, def. Roger Federer and Stanislas Wawrinka, Switzerland, 6-4, 6-7 (5), 10-7.
Women
Doubles — Championship
Sania Mirza, India, and Elena Vesnina, Russia, def. Bethanie Mattek-Sands and Meghann Shaughnessy (8), U.S., 6-0, 7-5.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
dx-Boston	49	19	.721	—
y-Chicago	49	19	.721	—
dx-Miami	48	22	.686	2
x-Orlando	44	26	.629	6
Atlanta	40	30	.571	10
Philadelphia	36	34	.514	14
New York	35	34	.507	14½
Indiana	30	40	.429	20
Milwaukee	28	41	.406	21½
Charlotte	28	41	.406	21½
Detroit	25	45	.357	25
New Jersey	22	46	.324	27
Toronto	19	49	.279	30
Washington	17	51	.250	32
Cleveland	13	55	.191	36

WESTERN CONFERENCE

	W	L	Pct	GB
dx-San Antonio	56	13	.812	—
d-L.A. Lakers	49	20	.710	7
Dallas	48	21	.696	8
d-Oklahoma City	45	23	.662	10½
Denver	41	29	.586	15½
Portland	40	29	.580	16
New Orleans	40	31	.563	17
Memphis	38	32	.543	18½
Utah	36	33	.522	20
Phoenix	35	33	.515	20½
Houston	36	34	.514	20½
Golden State	30	39	.435	26
L.A. Clippers	27	44	.380	30
Sacramento	17	51	.250	38½
Minnesota	17	54	.239	40

d – division leader; **x** — clinched playoff berth; **y** — clinched division.
Yesterday's results
Atlanta 104 Detroit 96
Milwaukee 100 New York 95
Phoenix 108 L.A. Clippers 99
Sacramento 127 Minnesota 95
Washington 98 New Jersey 92
Utah at Houston
Toronto at Oklahoma City
Golden State at Dallas
Portland at L.A. Lakers
Saturday's results
Boston 89 New Orleans 85
L.A. Clippers 100 Cleveland 92
Memphis 99 Indiana 78
Miami 103 Denver 98
Portland 110 Philadelphia 101
San Antonio 109 Charlotte 98
Tonight's games
All times Eastern
Orlando at Cleveland, 7 p.m.
Indiana at New Jersey, 7 p.m.
Boston at New York, 7:30 p.m.
Sacramento at Chicago, 8 p.m.
Utah at Memphis, 8 p.m.
Golden State at San Antonio, 8:30 p.m.
Toronto at Denver, 9 p.m.
Tomorrow's games
Chicago at Atlanta, 8 p.m.
Washington at Portland, 10 p.m.
Phoenix at L.A. Lakers, 10:30 p.m.

TENNIS

WORLD WOMEN'S CURLING CHAMPIONSHIP

At Esbjerg, Denmark

Country (skip)	W	L
China (B.Wang)	2	1
Czech Rep. (Kubekova)	2	1
Germany (A.Schopp)	2	1
Norway (Githmark)	2	1
Russia (Privivkova)	2	1
Sweden (Norberg)	2	1
Switzerland (Ott)	2	1
Canada (Holland)	**1**	**2**
Denmark (Nielsen)	1	2
Scotland (Sloan)	1	2
U.S. (Lank)	1	2
South Korea (Kim)	0	3

Yesterday's results
Fourth Draw
Russia 9 **Canada 4**
China 10 South Korea 3
Scotland 7 U.S. 6
Switzerland 9 Czech Republic 3
Fifth Draw
Denmark 8 **Canada 5**
China 8 Germany 2
Czech Republic 7 Norway 5 (extra end)
Sweden 5 Scotland 3

BASKETBALL

NCAA TOURNAMENT

All times Eastern

THIRD ROUND

EAST REGIONAL
Yesterday's results
At Charlotte, N.C.
North Carolina 86 Washington 83
At Cleveland
Ohio State 98 George Mason 66
Syracuse (27-7) vs. Marquette (21-14)
Saturday's result
At Tampa, Fla.
Kentucky 71 West Virginia 63
SOUTHEAST REGIONAL
Saturday's results
At Washington
Butler 71 Pittsburgh 70
At Tampa, Fla.
Florida 73 UCLA 65
At Denver
BYU 89 Gonzaga 67
At Tucson, Ariz.
Wisconsin 70 Kansas State 65
SOUTHWEST REGIONAL
Yesterday's results
At Chicago
Purdue (26-7) vs. Virginia Commonwealth (25-11)
Notre Dame (27-6) vs. Florida State (22-10)
At Tulsa, Okla.
Kansas (33-2) vs. Illinois (20-13)
Saturday's result
At Denver
Richmond 65 Morehead State 48
WEST REGIONAL
Yesterday's results
At Charlotte, N.C.
Duke 73 Michigan 71
At Tulsa, Okla.
Texas (28-7) vs. Arizona (28-7)
Saturday's results
At Washington
Connecticut 69 Cincinnati 58
At Tucson, Ariz.
San Diego State 71 Temple 64 (2OT)

GOLF

TRANSITIONS CHAMPIONSHIP

At Palm Harbor, Fla.
Par 71
Final Round
(a — amateur)

Gary Woodland, $990,000	67-68-67-67—269
Webb Simpson, $594,000	67-67-67-69—270
Scott Stallings, $374,000	66-70-66-70—272
Brandt Snedeker, $264,000	72-64-67-70—273
Marc Turnesa, $180,125	68-67-73-66—274
Martin Laird, $180,125	66-70-68-70—274
Roland Thatcher, $180,125	68-67-69-70—274
Chris Couch, $180,125	69-64-70-71—274
Justin Rose, $180,125	70-65-65-74—274
Brendon de Jonge, $180,125	69-66-66-73—274
Chez Reavie, $132,000	70-70-65-70—275
Stewart Cink, $132,000	68-70-67-70—275
Jim Furyk, $110,000	67-70-69-70—276
Nick Watney, $110,000	66-72-65-73—276
John Senden, $88,000	67-72-68-70—277
Sergio Garcia, $88,000	68-66-72-71—277
Rory Sabbatini, $88,000	67-72-67-71—277
Peter Hanson, $88,000	69-67-69-72—277
Garrett Willis, $88,000	66-67-70-74—277
Lucas Glover, $55,481	73-64-72-69—278
John Rollins, $55,481	70-71-69-68—278
Martin Kaymer, $55,481	68-70-71-69—278
Matteo Manassero, $55,481	68-68-72-70—278
Justin Leonard, $55,481	67-71-69-71—278
J.J. Henry, $55,481	69-72-66-71—278
Zach Johnson, $55,481	70-68-68-72—278
Jonathan Byrd, $55,481	70-67-67-74—278
Bubba Watson, $34,283	70-69-72-68—279
Cameron Beckman, $34,283	71-67-73-68—279
Geoff Ogilvy, $34,283	70-67-73-69—279
Jason Dufner, $34,283	68-70-72-69—279
Ricky Barnes, $34,283	71-67-71-70—279
Brian Davis, $34,283	70-71-68-70—279
Retief Goosen, $34,283	72-69-68-70—279
Chad Campbell, $34,283	69-69-70-71—279
Trevor Immelman, $34,283	72-66-68-73—279
Joe Durant, $23,650	67-71-73-69—280
Steven Bowditch, $23,650	72-68-71-69—280
Woody Austin, $23,650	71-69-71-69—280
Charley Hoffman, $23,650	68-71-70-71—280
Brian Gay, $23,650	67-73-67-73—280
Paul Casey, $23,650	64-71-71-74—280
David Toms, $23,650	69-68-69-74—280

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MISCELLANEOUS

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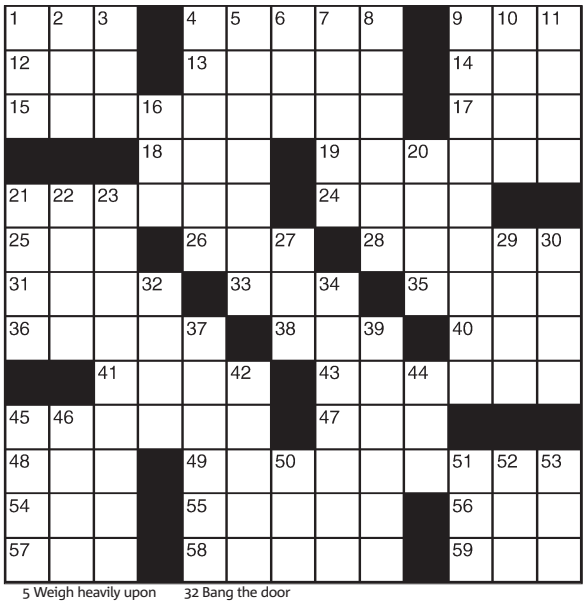

Across

1 Compete
4 Hooded snake
9 Take to court
12 Be unwell
13 After (Fr.)
14 Moreover
15 "Threescore and ten" durations
17 Multipurpose truck
18 Needlefish
19 Church official
21 Throw and catch repeatedly
24 Eyelid woe
25 Greek H
26 Away from NNE
28 Calyx component
31 Scottish caps
33 Prepared
35 Judicious
36 Ledge
38 Selleck or Hanks
40 Sister
41 Chums
43 Threw
45 Footballer's headgear
47 Consumed
48 Fertility clinic supply
49 Refuse holders
54 Writing implement
55 Level of society
56 Female deer
57 Type measures
58 High-strung
59 Praise in verse

Down

1 Actor Kilmer
2 Three, in old Rome
3 Subordinate Claus?
4 Cellist Pablo
5 Weigh heavily upon
6 Lingerie item
7 Tears
8 Wealth
9 Some cookware
10 "Do — others ..."
11 Paradise
16 Early bird?
20 Favourable votes
21 "West Side Story" gang
22 Hexagonal state
23 Strategies
27 Moist
29 Chills and fever
30 Give for a time
32 Bang the door
34 As you like it, in a recipe
37 Chevy Chase sleuth role
39 Mid-May honouree
42 Wander off
44 Moment
45 Crosby crony
46 Still
50 Venomous viper
51 Commotion
52 "Wynken, Blynken and —"
53 Witness

▶ Yesterday's answer

Sudoku

		5					9	7
	9	1		3	7			
2			5					
8		4	6		3			
	1						4	
			2		1	6		3
					8			4
			9	5		2	7	
9	7					1		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	5	6	9	3	4	8	2	7
8	7	4	5	6	2	9	3	1
2	3	9	7	1	8	6	4	5
9	2	5	6	4	7	3	1	8
4	1	7	2	8	3	5	6	9
6	8	3	1	9	5	4	7	2
3	4	1	8	2	9	7	5	6
7	6	8	4	5	1	2	9	3
5	9	2	3	7	6	1	8	4

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Dear Everyone, It's spring! Smile at your neighbours! Hold open doors! Help little old ladies cross the street! Chase the winter blues away!
FROM THE GIRL SMILING WHILE SHE WALKS DOWN THE STREET

Michelle M. I miss you. I think about you all the time. Kisses. **TIM**

Chadie: you are the best thing that has happened to me. I love you very much and always will, you are sweet, kind and caring. You mean the world to me and I wish I was as good as a person as you are. Love **SARBEAR**

Rana, you are not only my wife, but also my best friend. I love you more than words can describe. My love for you has no limits. Your my life. From your husband and best friend **ESSA**

Today 10°/-1° Partly sunny
Tuesday 5°/-3° Variable
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 You feel like you can take on the world and win, and there's no doubt you are right. You'll have the confidence to try things that most other people don't even dare dream about.

♉ Taurus April 21-May 21 You are paying too much attention to what other people are saying and not enough to what your own heart is telling you. You don't need advice or assistance today..

♊ Gemini May 22-June 21 Something you have been worrying about for quite some time will no longer bother you as from today. Why? Because at last you know what really matters – and it has nothing to do with money.

♋ Cancer June 22-July 22 Today you have the courage and the energy you need to make your mark on the world. Put yourself forward and let those in positions of authority know you are special.

♌ Leo July 23-Aug.23 There may be an upset or two today but if you adopt a positive attitude they will pass over your head. What you need most right now is a sense of humour.

♍ Virgo Aug. 24- Sept. 22 There is no point arguing with people who refuse to see sense. It may be tempting to show them up with your superior knowledge but why bother? Put your time and your energy to good use today — and let others do as they please.

♎ Libra Sept. 23-Oct. 23 You may have oodles of energy and a whole load of plans but be warned you'll be chasing events today rather than leading them. The most important thing is that you stay calm.

♏ Scorpio Oct. 24-Nov. 22 You may find it hard to be patient today but you won't get anywhere if you lose your temper. Also, if your get annoyed you could do yourself physical or emotional harm.

♐ Sagittarius Nov. 23-Dec. 21 You can expect some kind of breakthrough today and it may well be the sort that you remember well into your old age. Don't just dream of doing something – make the effort and get started.

♑ Capricorn Dec. 22-Jan. 20 You must get the support of loved ones before embarking on a brand new adventure. The best way to do that is to convince them that what you desire for yourself will also be good for them.

♒ Aquarius Jan. 21-Feb. 18 Today you will start the week at a gallop, and then go even faster. You won't waste a second on activities that don't take you closer to your goal.

♓ Pisces Feb. 19-March 20 You may be cautious by nature but you can move fast when you have to and the current cosmic set-up will help you make decisions and then follow them up with action. There's money to be made. **SALLY BROMPTON**

SCHALK VAN ZUYDAMN/THE ASSOCIATED PRESS

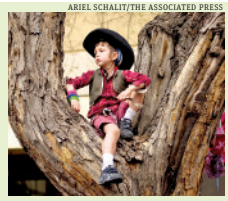
Caption contest

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

ARIEL SCHALIT/THE ASSOCIATED PRESS



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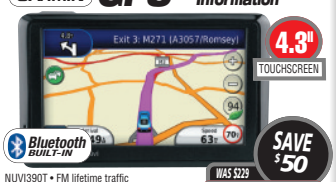

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